



British Society of Paediatric Gastroenterology Hepatology and Nutrition

BSG and BSPGHAN symposium

Gastrointestinal disorders in Adolescence and Effective Transition of Care

Friday 4th October 2019

9.30 – 17.00

Post Graduate Medical Centre

Sheffield Children's Hospital

Organisers:

Dr Priya Narula

Chair – Adolescent and YP Section BSG

**Consultant Paediatric Gastroenterologist and Clinical Lead for
Transition**

Sheffield Children's Hospital, Sheffield

&

Dr Philip Smith

Consultant Gastroenterologist

Royal Liverpool Hospital

Liverpool

Education Grants

Gold Level



Exhibitor

Dr Falk Pharma

Amgen

9.00 – 9.30 Registration

9.30 – 12.55

Morning Session

Chair:

Dr Shishu Sharma
Consultant Paediatric Gastroenterologist
Sheffield Children's Hospital
Western Bank, Sheffield

9.30 – 9.35 *Welcome*

Dr Priya Narula
Chair Adolescent and Young Persons' Section
Consultant Paediatric Gastroenterologist
Western Bank, Sheffield

9.35 – 10.00 *Current Guidance for Transition*

Dr Priya Narula
Consultant Paediatric Gastroenterologist and Clinical Lead for Transition
Sheffield Children's Hospital
Western Bank, Sheffield

10.00 – 10.25 *Evidence Base for Effective Transition in Adolescents with IBD*

Dr Phil Smith
Consultant Gastroenterologist
Royal Liverpool Hospital
Liverpool

10.25 – 10.40 *Young Person view of Transition*

Young Person supported by
Ms Valda Forbes
Gastroenterology and Hepatology Sister
Sheffield Children's Hospital
Western Bank, Sheffield

10.40 – 10.55 *Parent/carer view of Transition*

Parent/carer supported by
Ms Rhona Hubbard
Clinical Nurse Specialist Gastroenterology and Hepatology
Sheffield Children's Hospital
Western Bank, Sheffield

10.55 – 11.25

**Refreshments
And opportunity to visit Exhibitor Stands**

11.25 – 11.55 *Commissioning of Services and Effective Transition*

Michelle Racey
Specialist Paediatric Nurse
Designated Clinical Officer (SEND) & Team Leader for Children & Young
People's Continuing Care
Sheffield

**11.55 – 12.25 *Developmentally appropriate healthcare – findings from the NIHR transition
research study day***

Professor Allan Colver
Institute of Health and Society
Newcastle University
Baddiley-Clark Building
Newcastle upon Tyne

12.25 – 12.55 *GI/Psychology Interface*

Dr Alenka Brooks
Consultant Gastroenterologist
Sheffield Teaching Hospital
Sheffield

AND

Dr Charlotte Merriman
Senior Consultant Psychologist
Sheffield Children's Hospital
Western Bank, Sheffield

12.55 – 14.00

**Lunch
Opportunity to Visit Exhibitor Stands**

Afternoon Session

14.00 – 16.20

Chair

Dr Prithviraj Rao
Consultant Paediatric Gastroenterologist
Sheffield Children's Hospital
Western Bank, Sheffield

14.00 – 14.30 *How to identify Eating Disorders in the Adolescent*

Dr Liz Allison
Consultant Paediatrician
Sheffield Children's Hospital
Western Bank, Sheffield

14.30 – 14.45 *Clinical Case 1 – Complex Enteral feeding and pathway*

Dr Elizabeth Griffiths	and	Ms Joanne Hadfield
Specialist Registrar		PN Nurse Specialist
Sheffield Children's Hospital		Sheffield Children's Hospital
Western Bank, Sheffield		Western Bank, Sheffield

14.45 – 14.55 *Questions and Answers Facilitated by*

Dr Phil Smith	and	Dr Arun Urs
Consultant Gastroenterologist		Consultant Paediatric Gastroenterologist
Royal Liverpool Hospital		Sheffield Children's Hospital
Liverpool		Western Bank, Sheffield

14.55 – 15.25 *Eosinophilic Oesophagitis in the Adolescent*

Professor Mike Thomson
Consultant Paediatric Gastroenterologist
Sheffield Children's Hospital
Western Bank, Sheffield

15.25 – 15.50

Refreshments

Opportunity to Visit Exhibitor Stands

Biographies

Dr Priya Narula

Consultant Paediatric Gastroenterologist at Sheffield Children's Hospital. She is Chair of the Adolescent and YP Section BSG and Clinical Lead for Transition at Sheffield Children's Hospital

Dr Philip Smith

Consultant Gastroenterologist at the Royal Liverpool University Hospital, United Kingdom. He has a specialist interest in Inflammatory Bowel Diseases (IBD), Intestinal Failure and transition. He is joint first author of the BSG Transition Guideline and co-author of the new BSG IBD guidelines in Gut. He is the past chair of the BSG Trainees Section, has been awarded the prestigious BSG President's Medal in 2014, and BSG Young Gastroenterologist of the Year (Emerging Leader) in 2016. He is Associate Editor of Gut and Frontline Gastroenterology

Valda Forbes

Gastroenterology and Hepatology Sister, Sheffield Children's Hospital. Valda is supporting Young Person speaking about their experience of transition.

Rhona Hubbard

Gastroenterology and Hepatology Clinical Nurse Specialist at Sheffield Children's Hospital.

I completed my degree in paediatric nursing in Sheffield in 2008 and then worked for two years on a general medical ward at Sheffield Children's Hospital. I completed my diploma in Tropical Nursing at the London School of Hygiene and Tropical Medicine in 2011. I joined the Gastro/Liver team at Sheffield Children's Hospital in January 2011 where alongside my role as a Gastro nurse I also took on the lead nursing role for hepatology. In 2016 I completed my Nursing MA where I focussed on evaluating and improving our young persons and transition services for patients with long-term liver conditions. I am currently on the BSG Adolescent and Young Persons section committee as a paediatric nurse representative.

Ms Michelle Racey

Specialist Paediatric Nurse. Experienced Specialist Paediatric Nurse with a demonstrated history of working in the hospital & health care industry. Skilled in Management, Time Management, Continuing Healthcare Management, and community Healthcare settings. Strong healthcare services professional with a Post Graduate Diploma focused in Social entrepreneurship and leadership from Bucks New University.

Michelle is Designated Clinical Officer (SEND) & Team Lead for Children and Young People's continuing care.

Alan Colver Emeritus Professor of Community Child Health, Newcastle University, England

Biography and research interests

E&OE Programme subject to change
CPD applied for
Date: 22.08.2019

Professor Colver was appointed Consultant Paediatrician with Special Interest in Community Child Health in 1986. From 1997, he occupied research positions at Newcastle University, retiring in November 2017 and is now Emeritus Professor.

His earlier research included studies of child accident prevention, health surveillance of preschool children and screening. From 1999-2004 he was a member of the National Screening Committee, Child Health. From by 2005-09 he was chair of the Executive Committee of the British Paediatric Surveillance Unit.

Professor Colver co-founded the North of England Collaborative Cerebral Palsy Survey and a database of children with Autism Spectrum Disorder. He founded the Strategic Research Group of the British Academy of Childhood Disability.

Professor Colver's research was recently directed to:

1. Transition of young people with long term conditions <http://research.ncl.ac.uk/transition/> He led a Research Programme funded by the UK National Institute for Health Research.
2. Participation and Quality of Life of disabled children. He co-ordinated a study across Europe www.ncl.ac.uk/sparcl/ funded by the European Commission and the Wellcome Trust- the SPARCLE study.
3. A randomised controlled trial of medication for managing drooling, funded by a consortium of child medical research charities.

Alenka Brooks

Dr Alenka Brooks: graduated from Sheffield University in 2001 and is Consultant Gastroenterologist with an interest in IBD, based at Sheffield Teaching Hospitals NHS Foundation Trust. Alenka has a specialist interest in the care of adolescent and young people (AYP) with IBD and is completing her PhD funded by Crohn's and Colitis UK in this area, having recently published the BSG Transition Guidelines for AYP with GI disease.

Alenka is a former chair of the Trainees Section of the British Society of Gastroenterology and in recognition of contributions to the Society she was awarded the BSG President's Medal in 2014 and in 2015 was named BSG Young Gastroenterologist of the Year. Alenka has also been awarded Emerging Leader and Personal, Fair & Diverse Champion Individual Award by NHS Employers in 2015 for championing gender equality in healthcare.

Charlotte Merriman

I joined Sheffield Children's Hospital in May 2016, having previously worked in Children's Mental Health Services in North Derbyshire for ten years. As well as my training in Clinical Psychology I am also a trained Interpersonal Psychotherapist.

My specialities are Chronic Fatigue and Gastroenterology.

Liz Allison

Consultant in General Paediatrics and Eating Disorders, Sheffield Children's Hospital. Specialising in Children's and Adolescent Services

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Lizzie Griffiths

Specialist Registrar (Gastroenterology), Sheffield Children's Hospital.

Joanne Hadfield

Parenteral Nutrition Nurse, Sheffield Children's Hospital

Arun Urs

Consultant Paediatric Gastroenterologist at Sheffield Children's Hospital. Specialising in gastrointestinal and liver disease.

Professor Mike Thomson

Trained in medicine in Aberdeen between 1980 and 1985 and then moved to Yorkshire for five years of medicine and Paediatrics. Paediatric Gastroenterology training started in 1988 in Leeds, moved to Brisbane to the Centre of Paediatric Gastroenterology.

Also trained in endoscopy and all other facets of Paediatric Gastroenterology, Hepatology and Nutrition with a lot of exposure and responsibility for the Paediatric Liver Transplant Programme which is one of the finest in the world.

Returned to the UK in 1994 and spent about 2 years at the Birmingham Children's Liver Transplant Unit and then in November 1995 took up the post at the Royal Free Paediatric Gastroenterology Unit set up by Professor John Walker-Smith, one of the fathers of Paediatric Gastroenterology.

Professor Mike Thomson MBChB DCH FRCP FRCPC MD was trained firstly in Paediatrics then in the sub-speciality of Paediatric Gastroenterology and also focused widely on Paediatric Hepatology and Paediatric Nutrition. He was a Consultant at the Centre for Paediatric Gastroenterology and Nutrition at the Royal Free Hospital for nearly 10 years before moving in 2004 to the Centre for Paediatric Gastroenterology at Sheffield Children's Hospital.

Ella Mozdiak

Clinical Research Fellow at University Hospitals of Coventry and Warwick. Interest in paediatric and young people with a focus on IBD

Josh Chew

Currently works as a Consultant Gastroenterologist and Honorary Senior Lecturer in Gastroenterology at the Academic Unit of Gastroenterology, Sheffield. My research interests are in the role of the innate immune system in the pathogenesis of Crohn's disease. I am based at the Royal Hallamshire Hospital and have a specialist interest in looking after patient with inflammatory bowel disease.

Natalia Nedelkopoulou

Consultant Paediatric Gastroenterologist, Sheffield Children's Hospital. Interest in paediatric gastroenterology, long term follow up and successful transitioning of patients from paediatric to adult services

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