



British Society of Paediatric Gastroenterology Hepatology and Nutrition

Trainees in Paediatric Gastroenterology, Hepatology and Nutrition

28th and 29th September 2015

28th September 2015

**St Mark's Hospital,
Watford Road
Harrow
Middlesex
HA1 3UJ**

Hosted by

**Dr Warren Hyer
Consultant Paediatric Gastroenterologist**

&

**Ms Kay Crook
Clinical Nurse Specialist**

Organising Committee

Trainee Chair: Dr Fiona Cameron

Associate Chair: Ms Kay Crook

Education Chair: Dr Rafeeq Muhammed

With thanks to BSPGHAN Officers

President: Dr Alastair Baker

President Elect: Dr Nick Croft

Convenor: Dr Nadeem Afzal

Treasurer: Dr Girish Gupte

BSPGHAN thanks the following companies who have generously provided educational grants for this meeting

Gold Sponsors



With special thanks to





British Society of Paediatric Gastroenterology Hepatology and Nutrition

Welcome Message from Fiona Cameron, Chair of Trainee Members' Group

On behalf of the organising committee I would like to welcome you all to the BSPGHAN ATM day.

Thank you for your continued support of this meeting. I know that you will appreciate the excellent facilities here at St Marks Hospital and our thanks go to the Dr Warren Hyer and Ms Kay Crook as the local organisers for making this possible.

Each year the trainees program continues to grow and evolve to meet our needs including developing our endoscopy skills. This year due to the superb facilities here at St Marks we can gain hands on experience of interventional endoscopic techniques.

The meeting also provides us the opportunity to learn from each other as well as from our expert speakers and I wish to take this opportunity to thank them, as well as our endoscopy trainers and chairs, for giving up their valuable time to come here today and share their knowledge and skills.

We are, as always, grateful to our sponsors for their continued commitment and support allowing us to put forward yet another great programme without which this meeting would not be possible.

I would like to thank the rest of the organising committee for their help, time and support in the preparation and development of this program. I would also like to thank my fellow trainees for their feedback from previous meetings which has been very informative and helped form the content of this and future programmes.

I will be available throughout the day for any feedback you may have and will be happy to discuss any issues. (I will as usual request feedback after the event in the normal format). Once again, thank you all for coming and I hope that you find it educational, interesting and importantly, enjoyable.

Fiona Cameron
BSPGHAN Trainee Chair



British Society of Paediatric Gastroenterology Hepatology and Nutrition

Study Day One

Monday 28th September 9.30 – 17.00

***9.30 Registration desk opens
Atrium, St Mark's Hospital, Harrow***

- 9.55 – 10.00** **Welcome and Introduction**
Dr Fiona Cameron
Chair of Trainees' Group
Specialist Registrar
Royal Hospital for Sick Children
Glasgow
- 10.00 – 10.30** **Update on training including e-portfolio**
Dr Susan Protheroe, CSAC Chair
Consultant Paediatric Gastroenterologist
Birmingham Children's Hospital
Steelhouse Lane
Birmingham, B4 6NH
- 10.30 – 11.30** **Junior Trainees**
START – practice session
Dr Susan Protheroe, CSAC Chair
Consultant Paediatric Gastroenterologist
Birmingham Children's Hospital
Steelhouse Lane
Birmingham, B4 6NH
- 10.30 – 11.30** **Senior Trainees**
How to write an effective business case
Dr Nikhil Thapar
Consultant Paediatric Gastroenterologist
Gastroenterology Unit
Institute of Child Health
30 Guilford Street
London, WC1N 1EH

11.30 – 12.00

Coffee break

Opportunity to visit Exhibitor Stands

12.00 – 13.00

Endoscopy Teaching

Techniques for polyp removal and upper GI bleeding

Dr Adam Haycock

MD, FRCP

Consultant Physician and Gastroenterologist

St Mark's Hospital

Watford Road

Harrow

Middlesex, HA1 3UJ

13.00 – 14.00

Lunch and opportunity to visit exhibitor stands

14.00 – 15.15

Endoscopy workshop

Endoscopy Workshops:

Beginners

Basic hands on OGD/
Colonoscopy
Endoscopy Workshop

Advanced

Lesion recognition, advanced techniques
Endoscopy simulator training
Banding

Trainers – Beginners Workshop:

Dr Warren Hyer

Consultant Paediatric Gastroenterologist
Northwick Park and St Mark's Hospital
Watford Road
Harrow
Middlesex
HA1 3UJ

Dr David Rawat

Consultant Paediatric Gastroenterologist
Dept of Paediatric Gastroenterology
4th Floor
Chelsea and Westminster Hospital
369 Fulham Road, London
SW10 9NH

Dr Sonny Chong
Consultant Paediatric Gastroenterologist
Department of Paediatric Gastroenterology
QMHC
Wrythe Lane
Carshalton
Surrey
SM5 1AA

Trainers – Advanced Workshop

Dr Adam Haycock, MD, FRCP
Consultant Physician and Gastroenterologist
St Mark's Hospital
Watford Road
Harrow
Middlesex, HA1 3UJ

15.15-15.45

Coffee and opportunity to visit exhibitor stands

15.45 - 17.00

Endoscopy skills continued

17.00

Close of Meeting
Return to The Cumberland, Best Western Hotel, Harrow

18.00 – 19.00

Trainee Committee meeting

Westminster Room
The Cumberland, Best Western Hotel, Harrow

20.00

Dinner
The Cumberland, Best Western Hotel, Harrow

Tuesday 29th September 2015
Parallel Trainee Members' Programme

8.00 Registration
Atrium, St Mark's Hospital, Harrow

9.20 – 9.30 Welcome and introduction

Dr Fiona Cameron
Chair Trainees' Group

9.30 – 11.00
Session One: Malnutrition

Chair

Dr Kelsey Jones
ST6 in Paediatric Gastroenterology
Oxford University Hospitals NHS Trust
Paediatric Gastroenterology
Oxford Children's Hospital
Headley Way, Headington
Oxford, OX3 9DU

9.30 – 10.00 What is normal anyway? Normal nutritional requirements for infants and children and how to work it out

Professor Mary Fewtrell
Professor of Paediatric Nutrition
30 Guilford Street
London, WC1N 1EH

10.00 – 10.30 Pathophysiology of malnutrition

Dr Nigel Meadows
Consultant Paediatric Gastroenterologist
Dept of Paediatric Gastroenterology
Royal London Hospital
Whitechapel
London E1 BB

10.30-11.00 Difficult case presentation

Dr Nkem Onyeador
ST8 GRID PGHAN
Birmingham Children's Hospital
Steelhouse Lane
Birmingham, B4 6NH

11.00 – 11.20

Coffee and opportunity to visit exhibitor stands

Chair

Dr Anastasia Konidari

Specialist Registrar

Royal Liverpool Children's NHS Trust

Alder Hey Hospital

Eaton Road

Liverpool, L12 2AP

11.20 – 12.30

Session Two: Micronutrient deficiencies

11.20 – 12.00

Micronutrient deficiency in children on enteral and parenteral nutrition

Dr Sandhia Naik

Consultant Paediatric Gastroenterologist

Dept of Paediatric Gastroenterology

1st Floor

David Hughes Building

Royal London Hospital, E1 1BB

12.00-12.30

Selected Case presentations on micronutrient deficiencies

12.00 – 12.15

Thiamine deficiency is rare in the developed world, but potentially deadly

Dr E. Griffiths

Specialist Registrar

Sheffield Children's Hospital

Western Bank

Sheffield

12.15 – 12.30

A recent challenging case involved a new presentation of autoimmune enteropathy in a previously well 14 year old girl

Dr Iain Chalmers

Paediatric Specialist Trainee

Ward 3B

Royal Hospital for Children Glasgow

1345 Govan Road

Glasgow, G51 4TS

12.30 – 13.20

Lunch and opportunity to visit exhibitor stands

13.20 – 14.00

Session 3: Liver and nutrition

Chair

Dr Dalia Belsha

Specialist Registrar
Sheffield Children's Hospital
Western Bank
Sheffield, S10 2TH

13.20 - 14.00

Understanding the role of nutrition in chronic liver disease in children

Dr Jonathan Hind
Consultant Paediatric Hepatologist
King's College Hospital
Denmark Hill, London

14.00 – 15.00

Session 4 Research in practice

Chairs

Professor Stephen Allen

Professor of Paediatrics/
Honorary Consultant Paediatrician
Room M-215 Dept of Clinical Sciences
Liverpool School of Tropical Medicine
Liverpool, L3 5QA

Dr Ed Gaynor

Trainee CSAC Representative
Paediatric Registrar
Department of Paediatric Gastroenterology
John Radcliffe Hospital
Headley Way, Oxford, OX3 9DU

14.00 – 14.30

PICO session - Interactive research case presentations

Effect of early donor breast milk provision vs own mother's milk in preterm infants

Jemma Cleminson
University of York

IBD and bones – the role of Calcium/Vitamin D

Dr E. Griffiths
Specialist Registrar
Sheffield Children's Hospital
Western Bank, Sheffield

14.30 – 15.00

How to get your abstract accepted

Dr Nick Croft
Consultant Paediatric Gastroenterologist
Digestive Diseases
Centre for Immunobiology, Blizard Institute
Wingate Building
26 Ashfield Street, London
E1 2AF

15.00 – 15.20

Coffee break and opportunity to visit exhibitor stands

15.20 – 16.30

Session 5 Controversies in IBD nutrition

Chair

Dr Victoria Merrick
Clinical Research Fellow
Paediatric Gastroenterology and Nutrition
Child Life and Health
University of Edinburgh
20 Sylvan Place, Edinburgh

15.20 – 16.00

EEN- which feed should we use and why and how long should EEN last?

Dr Mark Furman
Consultant Paediatric Gastroenterologist
Royal Free Hospital /
Centre for Paediatric Gastroenterology
Royal Free Hospital
Pond Street
Hampstead London NW3 2QG

16.00 - 16.30

Refeeding syndrome- who is at risk and how should they be managed

Dr Susan Hill
Consultant Paediatric Gastroenterologist
Great Ormond Street Hospital
Great Ormond Street
London

16.30

End of meeting



British Society of Paediatric Gastroenterology Hepatology and Nutrition

**Trainees in Paediatric Gastroenterology, Hepatology and Nutrition
And Associate Members**

**Tuesday 29th September 2015
Parallel Associate Members Programme**

**St Mark's Hospital,
Harrow**

Hosted by

**Dr Warren Hyer
Consultant Paediatric Gastroenterologist**

And

**Ms Kay Crook
Clinical Nurse Specialist**



British Society of Paediatric Gastroenterology Hepatology and Nutrition

Welcome Message from Kay Crook, Chair of Associate Members Group

I would like to take the opportunity to welcome you to this Associate and Trainees Meeting which is being held for the first time at St Mark's Hospital. We hope that you will enjoy the day which has been devised by the BSPGHAN Associate Members committee. You will see the Associate committee members around throughout the day and all of the committee are chairing sessions so hopefully by the end of the day you will all know who we are. We would love to get any feedback on the day and any ideas of how we can support you outside of this educational day. Don't forget to send your questions and queries to AK for dissemination to the whole group.

There are many people that I would like to thank for helping us to arrange this study day:-

Fiona Cameron (Trainees Chair), Rafeeq Mohamed (Education chair) and Carla (BSPGHAN Administrator) for all of their support in developing a programme that enables us to interact with the trainees and also switch sessions to enable you to get the maximum out of the day.

Warren Hyer (Paediatric Gastroenterologist St Mark's Hospital) and Girish Gupte (Treasurer) for arranging the finances, and the sponsors without whom we would not be able to produce this study day.

I would like to thank all of our speakers and chairs for making this a fantastic learning experience.

And finally thank **you** for taking the opportunity to attend a meeting where not only can we learn and network with our friends and colleagues but also have the opportunity to meet and mingle with future paediatric gastroenterologists and hepatologists ensuring that BSPGHAN continues to maintain a multi-disciplinary team approach to caring for our patients.

We hope you enjoy the day and look forward to seeing you at the Annual meeting in Bristol 27th – 29th January 2016

8.00 Registration
Atrium, St Mark's Hospital, Harrow

9.20 – 9.30 Welcome and introduction

Ms Kay Crook
Chair Associate Members

Chair

Ms Deepa Kamat
Specialist Paediatric Hepatology Dietitian
Dept of Nutrition and Dietetics
Kings College Hospital
Denmark Hill, London
SE5 9RS

9.30 – 10.00 Specialist Behavioural Programs for tube-fed children: tube to oral

Dr Clarissa Martin
Consultant Clinical Psychologist Paediatric
Midland House
Stowe Street
WS13 6AQ

10.00 – 10.30 Allied Health Professional led Coeliac Clinics

Ms Nicky Heather & Ms Claire Barnes
Dietitian Clinical Nurse Specialist
Gastroenterology

Nutrition and Dietetic Department
Southampton General Hospital
Tremona Road
Southampton
SO16 6YD

10.30 - 11.00 Video conferencing with patients in remote locations

Ms Carol Cameron
Paediatric Gastroenterology Nurse Specialist
1st Floor
Royal Aberdeen Children's Hospital
Aberdeen
AB25 2ZG

11.00 -11.20

Coffee and opportunity to visit exhibitor stands

Chair

Mr Chris Smith

Dietitian

Department of Nutrition and Dietetics

Royal Alexandra Children's Hospital

Eastern Road

Brighton, East Sussex

11.20 – 12.30

11.20 – 12.00

Demonstrating the worth of a service. How do we know/prove it is working?

Ms Marian O'Connor
Nurse Consultant IBD
St Mark's Hospital
Watford Road, Harrow
Middlesex, HA1 3UJ

12.00 – 12.30

I've got a presentation/poster – where do I start

Ms Jennifer Burch
Enhanced recovery nurse specialist
St Mark's Hospital
Watford Road, Harrow
Middlesex, HA1 3UJ

12.30 – 13.20

Lunch and opportunity to visit exhibitor stands

13.20 – 15.00

Chair

Ms Ana-Kristina Skrapac
Specialist Paediatric Dietitian
Chelsea and Westminster Hospital
369 Fulham Road
London, SW10 9NH

13.20 – 13.40

Factitious illness case

Dr Warren Hyer
Consultant Paediatric Gastroenterologist
St Mark's Hospital
Watford Road, Harrow
Middlesex, HA1 3UJ

13.40 – 14.10

Factitious illness – understanding the parent/carer behind the diagnosis

Dr Yoram Inspector
Psychiatrist
St Mark's Hospital
Watford Road, Harrow
Middlesex, HA1 3UJ

14.10 – 14.40

Legal aspects of the Factitious Illness case – going to court

Mr Naved Alizai
Consultant Paediatric Hepatobiliary Surgeon
Barrister
Leeds General infirmary, Leeds

14.40- 15.00

Questions for the panel

15.00 – 15.20

Coffee and opportunity to visit exhibitor stands

15.20 – 16.30

Chair

Ms Nicky Heather

Dietitian

Nutrition and Dietetic Department

Southampton General Hospital

Tremona Road

Southampton, SO16 6YD

15.20 – 16.30

Workshop: Motivational interviewing with treatment resistant patients

Ms Kate Blakeley

&

Ms AnaKristina Skrapac

Paediatric Liaison Team

2nd Floor Fielden House

Royal London Hospital

Whitechapel

London, E1 1BB

Specialist Paediatric Dietitian

Chelsea and Westminster Hospital

369 Fulham Road

London,

SW10 9NH

16.30 End of meeting

Previous meetings – Winners of best abstract presentations

2011. Best presentation winner: Digital Camera donated by Pentax
- Ms Sarah Cunningham, Royal Victoria Infirmary
Presentation: ***Very low catheter infection rates are achievable in Paediatric Home Parenteral Nutrition Patients***
- 2012 Best presentation winner
- Dr Johan van Limbergen, Royal Hospital for Sick Children, Edinburgh
Presentation: ***Hypothesis-free analysis of ATG16L1 demonstrates gene-wide extent of association with Crohn's disease susceptibility***
- 2013 Best presentation winner
- Ms Nicola Laird, Dietitian, Royal Hospital for Sick Children, Glasgow
Presentation: ***An audit of patients diagnosed with Coeliac Disease on biopsy over a 3 year period compared with the new ESPGHAN and BSPGHAN guidelines.***