

# BSPGHAN TRAINEE GROUP

## Who Represents You?

- **Dr Ros Rabone**, Chair 2018 – 2021
- **Dr Kirn Sandhu**, Secretary 2019-2022
- **Dr Kwang Yang Lee**, Endoscopy 2018-2021
- **Dr Hina Rizvi & Dr Jeng Cheng**, Education
- **Dr Kornilia Nikaki**, Motility 2017-2020
- **Dr Neil McConnell**, BAPEN 2019-2022
- **Dr James Ashton**, IBD 2019-2022
- **Dr Harween Dogra**, Nutrition 2018-2021
- **Dr Nicola Ruth**, Research 2018-2021
- **Dr Kavi Jayaprakash**, Liver 2019-2022
- **Dr Rulla Al-Araji**, CSAC 2018-2021

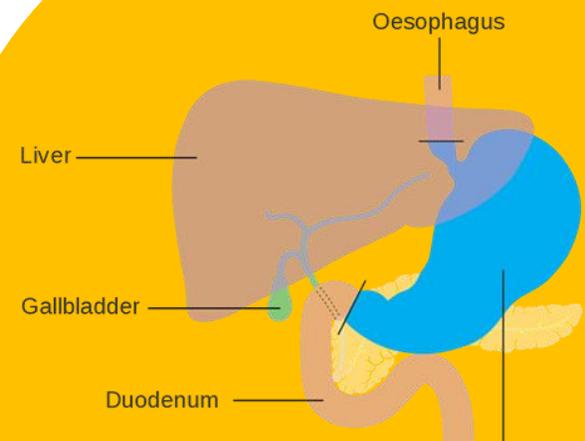
## What Do We Do?

- Represent Trainees at BSPGHAN Council meetings to maximise how the Society can support junior doctors in PGHAN.
- Sit on Working Groups and contribute towards guidelines & research
- Organise the Annual ATM
- Promote application to PGHAN Grid and SPIN Training by organising Taster Days
- Promote Educational Events & Resources useful for PGHAN

## Next Meeting: Manchester ATM 2020

Wednesday 6<sup>th</sup> - Thursday 7<sup>th</sup> May 2020  
Manchester Conference Centre

Please come join us for this year's ATM which is a focus on **PRACTICAL PGHAN**. **Joint** study day with the Associates to promote working as an MDT. **CSAC** will be present for face to face PGHAN Progression meetings. **Socialise** and share training experience with peers



# What happened in 2019?

2019 has been an excellent year for trainees, seeing excellent turn out for both the ATM and Annual meeting, superb uptake into PGHAN Grid applications and an increase in BSPGHAN membership. It is with great sadness that I am stepping down as Trainee Chair to pursue an overseas fellowship. My successor will be appointed during the Trainee AGM at this year's BSPGHAN Annual meeting.

## **Trainee AGM (BSPGHAN Winter Meeting).**

Over 70 trainee delegates registered for the BSPGHAN winter meeting in Oxford. It was great to see so many presenting and attending.

## **ATM London 2019**

We had excellent feedback; both formal and informal. Over 60 delegates attended over with excellent speakers

## **Endoscopy - Dr Kwang Yang Lee**

Significant updates include the upcoming changes to the endoscopy training curriculum for colonoscopy accreditation; watch this space.

## **Education - Dr Hina Rizvi and Dr Jeng Cheng**

Previously, a compiled a list of educational resources and guidelines were created in 2018. In 2020 our plan is to circulate a contemporaneous, coherent list of resources via the new website.

## **Hepatology – Kavi Jayaprakash**

We say good luck and thank you to Lauren Johansen who stepped down this year from her role as hepatology trainee rep trainees.

## **IBD - Dr James Ashton**

James has highlighted the current or pending publications that may be of interest to trainees:

- BSPGHAN guidance on vaccinations and prophylaxis in IBD patients
- Investigation and treatment of fatigue in IBD
- NICE ulcerative colitis 2019 update, specifically mild-moderate disease
- NICE Crohn's disease 2019-update, specifically post-surgical management
- IBD benchmarking tool <https://ibduk.org/> to be implemented for services to self-rate on IBD standards.

James has also been keen to highlight meetings and learning events:

- ESPGHAN IBD masterclass 2020 in Bristol
- ECCO Feb 2020 in Vienna
- PIBD Edinburgh 2021

As a trainee deeply involved in research, James is keen to help anyone interested in IBD research to get in touch.

## **Research - Dr Nicola Ruth**

Nicola has fed back exciting changes on the role of funding with C4C. There has been a lot of discussion following the strategy meeting in 2018 regarding the introduction of prizes in research and the need for ongoing grant support for interested and successful applicants.

## **Nutrition - Dr Harween Dogra**

Harween has been working with the Nutrition group and RCPCH on creating online nutrition modules for trainees. Documents that are pending or newly released include:

- Management of intestinal failure guidelines (BSPGHAN)
- The use of tedeglutide

## **BAPEN Representative – Neil McConnell**

After the most recent BAPEN meeting in November, Neil wanted to feedback the work being done with BAPEN and the Education WG Trainees on "Nutrition Top Tips" which should be completed early in 2020.