



British Society of Paediatric Gastroenterology Hepatology and Nutrition

**Newsletter**  
**January 2020**

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***President's report 2020***

***Dr Sue Protheroe***

***[President@bspghan.org.uk](mailto:President@bspghan.org.uk)***

A very Happy New Year to all our members and all the best for the new decade. I hope that you all have had a restful break with family and friends. I am looking forward to seeing many of you in Brighton to join in the opportunities for education, sharing research, networking and collaboration. BSPGHAN takes time at the end of each year to reflect on the achievements and challenges of the previous year and set out the work plan for the coming year. In my new role as President, I was keen that Council share with you our vision of where the society should be. I hope that you managed to see our strategy set out on our home page "<https://bspghan.org.uk>" as a "**A welcome to BSPGHAN from the President**" and my more recent Christmas message as a link on that page.

The Annual Meeting in Oxford in 2019 was a huge success, encompassing the joint meeting with the Paediatric Surgeons. Thanks to organisers Lucy Howarth and Astor Rodrigues and as always Carla. We are exceptionally proud that the UK hosted a memorable ESPGHAN Annual Meeting this year. Well-deserved praise and thanks to Richard Russell and Richard Hansen who made such a great job of hosting the meeting in Glasgow. Thanks to the whole team for enabling a highly regarded meeting with our international colleagues. BSPGHAN has contributed towards building stronger European ties and been an active player in a unified vision contributing towards the National Societies Network of ESPGHAN. This forum shares good practice through face-to-face meetings of Presidents. It is with a sense of pride that I see that BSPGHAN's outstanding reputation in training, education & setting standards in clinical activity as a top model for a professional Society, admired across Europe.

BSPGHAN's reputation is well deserved and it is down to its Council, Professional and Working Groups and our administration, who put a lot of effort into our work and should be proud to see the well-earned progress. I encourage you to read all this newsletter to see the continuing and productive work from Council. 2019 has been another highly successful year for working groups, and I would like to thank in particular their chairs who willingly give up their time. BSPGHAN's emphasis continues to promote and sustain education, academic training and research in PGHAN. As well as fund increasing amounts for educational meetings and research, (reaching a record in 2019 of 45K for research), I am grateful that we have a continuing emphasis on recognising contributions to research. My gratitude goes to David Campbell for encouraging academic training and introducing both the new BSPGHAN Research prize and the Systematic review Fellowship.

I have spent some time speaking to members. A number of themes have arisen this year. Workforce, pressures have been marked in some centres, compounded by increasing demand for children's healthcare, greater expectations of the quality of healthcare, and growing financial pressures on the background of recruitment and retention issues. We didn't predict the loss of a significant percentage of colleagues to overseas centres. If units with workforce gaps pose a significant risk to service or children, then BSPGHAN can encourage dialogue between Trusts, local and regional commissioners and NHS England. We have a voice at the College via the RCPCH Speciality Board. Training Reviews have shown a slow response of the profession to change across the board, not specifically in PGHAN. I am pleased that BSPGHAN now has closer links than ever with CSAC so that we can encourage workforce planning, recruitment and support training of SPIN and grid trainees. Trainees are our future and I am proud to see that the CSAC Annual progress meetings are embedded in the BSPGHAN Trainee day, and to see an excellent turn out at ATM and Annual meeting. BSPGHAN is

keen to encourage SPIN training and support Nursing, AHP and other staff strategies to deal with workforce shortages as best we can. Sharing experiences of innovative ways of working or roles is paramount in contributing to and enhancing team working, essential in health care transformation. We understand the pressing need for psychological support to be embedded in our teams, and welcome a new BSPGHAN drive to facilitate team development. Council has shared experiences on how to attract training fellows from overseas, who we welcome to enrich our teams and potentially settle the UK as valued members. The College is writing to Ministers calling for the prioritisation of a child health strategy, investment in public health programmes and a plan to tackle the workforce crisis in the NHS. BSPGHAN can express our members views via Speciality Board meetings.

Workforce pressures highlight the need to push ahead in 2020 to support clinical activity by means of the BSPGHAN/RCPCH quality standards review. Setting standards becomes meaningful when the standards are implemented, and we can make a real difference relatively quickly. By describing the current state of clinical networks, in terms of what patients may expect to receive, and benchmarking or identifying how well we are performing against current standards, we will share good practice, help units to work with local commissioners to push up standards where needed, and reduce variation and inequality. Thanks to John Fell and Ed Gaynor for leading. We expect to circulate a questionnaire to all centres soon following the launch at the Annual meeting in January. I continue to work hard to get children and young people on the agenda at NHS England. BSPGHAN's work will continue to influence specialty specific Quality Indicators and the planned revision of the PGHAN Specialised Service Specification. We had recent pressures on our Home PN services and thanks go to the Akshay Batra, NIFWG chair, who provided paediatric representation for the society in negotiations with NHS England. I am grateful to him for highlighting the needs of children.

We have listened to your request to improve our website. To kick off the new year, we hope to improve communication from us to you via the new website. Thanks to BSPGHAN Council and working groups for contributing new content and updating existing information. The site is almost ready to launch, and we would appreciate feedback at [webmaster@bspghan.org.uk](mailto:webmaster@bspghan.org.uk). I would like to express my gratitude to Kwang Yang Lee for his expertise and hard work in rejuvenating our website and for supporting the conference site with electronic registration and abstract submission.

This year BSPGHAN has been tasked by RCPCH to lead on developing Snomed codes. This is an enormous amount of work, for which I am extremely grateful to colleagues who have taken on shared responsibility. Our members are best placed to achieve these aims in order to code every step of a patient pathway and eventually inform tariffs and explore speciality specific trends. Personal thanks to Thankam Paul and Ed Gaynor who agreed to work with Council and working groups to achieve the aim.

Council spends a lot of time thinking about future challenges - listening, learning and advocating for our members. None of this would be possible without the dedication of our Council and Working Groups. I look forward to continuing to support them in the coming year and give heartfelt thanks to all for working so hard, both current council members and those who are poised to move on. I would particularly like to extend my appreciation to Keith Lindley and Astor Rodrigues who seamlessly helped my integration into Council and for their enthusiasm and sensible suggestions over the last 3 years. Their roles are pivotal and crucial to the Presidents role, working tirelessly to represent the Society's interests. Keith has dealt efficiently with huge amounts of work for the Society and Astor has ensured that the Society spends wisely, building on previous investments during a background of increasing demands. I am indebted to Keith and `Astor for their vision, for their support solving many difficult matters and their willingness to provide limitless advice. New positions on Council that will be announced following ratification at the Annual General meeting in January. We have excellent applicants to come forward at a time when we all have competing demands on our time in our day jobs.

Personal thanks go to Indra Van Mourik Chair of Hepatology Group who has worked hard to represent paediatric hepatology interests and welcome Tassos Grammatikopoulos as incoming Chair of the Liver Steering Group Chair. Thanks to Nicky Heather, who stepped up in 2017 to Chair the Associates and to Ros Rabone who has chaired the trainees committee since 2018 and is stepping down as she moves to take up a post in Australia. I am grateful to Nicky and Ros for their hard work in organising the next Associates and Trainees Meeting and to Loveday Jago, Education `chair, as

host. Thanks to Alison Taylor representing our charitable partners who has been a huge asset to Council, providing professional advice on multiple matters. A warm welcome to Sarah Sleet, CEO Crohn's and Colitis UK who will join Council. I am grateful for Mike Stanton's support and input liaising with BAPS council. Thanks to our IBD working group chair, Rafeeq Muhammed, for contributing to the new IBD Standards and practice statements from the working group. Welcome to Jochen Kammermeier, new IBD chair and Marcus Auth, who will lead the new EoE working group. I am indebted to Mark Beattie for chairing the ACCEA committee efficiently for the last 3 years. Alastair Baker will be taking over the Chair role shortly. Personal thanks for Carla's conscientious work for the Society, underpinning all our work. Carla is passionate in her dedication and willingness to work hard for our specialty. Thanks also to Sam Goult for her support as assistant administrator and to Peter Hill, accountant.

So, as we move into 2020, there is a sense of unreality over uncertainties as Brexit looms; the sustainability and morale of our workforce, supply of medicines, MHRA responsibilities and ensuring that UK research stays strong as we leave the EU. We will need the collegiality and commitment of BSPGHAN members to support each other and steer us through what are likely to be difficult times. better outcomes for our patients. Our perspectives differ on the financial relationship that the society has with nutrition companies. Debate is on-going and summarised by Keith, our convenor in his newsletter, about where a society may draw the line between valuable collaboration and influence. Financial support from commercial companies has been widespread within Societies but some groups are moving away from industry influence in education and practice. BSPGHAN has always seen transparency as the best policy, but some regard this strategy as insufficient. Keith sets out the need to encourage input from all our members, both doctors and allied healthcare professionals, as we work to develop detailed practical recommendations and explore if financial independence from manufacturers of breast milk substitutes is necessary while maintaining non-financial interests. We are committed to our aims of sustaining our society's activity in research contributions, funding the activities of an increasing number of working parties, sustaining national educational meetings, innovation in practice and implementing the Quality Standards. All these initiatives come at a cost to the Society and we need to carefully consider the way that we are funded and the challenging issues that come with the industry support that we have relied on for many years. We look forward to an open debate about this and please see our discussion on this in Keith's newsletter.

I would like to encourage feedback from members to ensure the AGM (and the Society) may aim to fulfil everyone's needs and welcome you to our AGM on Thursday 30<sup>th</sup> January 2020 in Brighton. Please send questions in advance [Convenor@bspghan.org.uk](mailto:Convenor@bspghan.org.uk) so we can pay attention to your queries. It has been an honour and pleasure to take on the President's role this year to continue the excellent work set down by my predecessors and drive forward initiatives with and on behalf of members, remembering that BSPGHAN's successes are largely down to the members of the Society.

I look forward to pursuing our journey with you throughout 2020 and hope to see you at our annual meeting in Brighton. I do want to hear from you whether or not you are on council or one of the working groups. Thank you for your friendship and support. Wishing you all a healthy and happy 2020 and warm wishes to you all.

Sue Protheroe, President  
January 2020

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**Convenor's Report**  
**Dr Keith Lindley**  
**Convenor@bspghan.org.uk**

Dear Friends

This is my third and final report as Convenor. So much has happened in the last year it's difficult to know where to start! Council has been working very hard in a number of areas and I refer you to the individual reports of my colleagues on Council whose reports reflect the large amount of hard work put in by each and every Council member on behalf of the Society during the last year.

From my perspective there are a number of areas I would wish to draw your attention to in addition to those already outlined by the individual chairs in their respective reports:

- (i) Council is in the process of starting negotiations with Frontline Gastroenterology, an official publication of the [British Society of Gastroenterology](#) and a companion journal to [Gut](#) and [BMJ Open Gastroenterology](#). Those of us who are BSG members already receive free access to FG as a benefit of membership. The journal is affiliated with [BAPEN](#) with its members receiving a discounted subscription to the journal. Council is hoping to strike a similar or better deal with the BSG/BMJ publishing such that BSPGHAN is also affiliated with the Journal. I think it's unlikely as things stand that a subscription to the Journal can be included in the annual subscription fee for members of the Society in the near future.
- (ii) Council has been working on standardising the terms of reference of our many working groups. Over the last year the chairs of all groups have submitted updated TORs and we hope early in the new year to send standardised TORs to all of the groups for their approval.
- (iii) During my 3 year term of office we have already updated the Constitution of BSPGHAN once and had these changes approved by the membership at the AGM. I think that it will be necessary over the coming months to make further changes which will be a task for my successor to take forwards in his / her first few months in office early next year.
- (iv) A challenging area is the relationship of the Society with the milk formulae manufacturing companies. This is something which was the subject of great discussion before I came onto Council and which is currently unresolved. Most of you will know that the RCPCH issued its position statement on this last year which in effect severed any financial ties with the industry. The RCPCH has said that BSPGHAN is free to adopt its own policy. This had been the subject of intensive discussion in particular with the BSACI to the point that a joint position paper was to be proposed by BSACI with BSPGHAN as a stakeholder, but which was never published because of the RCPCH position paper being published. Subsequently some members of the BSACI have chosen to align themselves with the RCPCH. There are obviously some important nuances to be considered in the various positions. The RCPCH position principally considered infant milk formulae as breast milk substitutes. As Gastroenterologists and Allergists, it might be argued that the specialised formulae we use are therapeutic agents. The BSACI were certainly strongly of this view initially but I think with time have gradually moved from this position to align themselves with the RCPCH. I think that we are reaching the position where Council might have to seek the views of the membership on this in the near future. We had intended to do so this autumn and had feared a BREXIT style referendum outcome, so we held off pending some further discussions with the BSACI. The financial implications of no longer accepting educational grants from infant formula manufacturers for BSPGHAN organised activities will be significant for the Society. It seems however as though the manufacturers themselves are gradually dissociating themselves from the Society and its educational activities. Council has tightened its belt a little over the last 6 months to mitigate the loss of this financial assistance but has taken a decision not to increase the membership fee or the cost of the annual meeting. This is a space "to be watched". Another job for my lucky successor!

- (v) At the 2020 RCPCH in Liverpool we have a joint session with nephrology for a change! The program isn't quite finalised but there will be a state of the art lectures on haemolytic uraemic syndrome and on vasculitides affecting the gastrointestinal tract and kidney. I am anticipating further invited lectures on neonatal gastrointestinal disease masquerading as renal disease and renal manifestations of gastrointestinal mucosal and hepatological disorders. As usual there will be oral short communications and posters.

Perhaps my final job as Convenor is to thank Assad for pulling together such an exciting program for our winter meeting in Brighton this year, I am really looking forward to it.

In my first annual report in 2017/18 I said how I was so encouraged by the ways that the trainees were bonding and being so empathic with one and other and hoped that such values could spread, maybe like a measles epidemic, to the older members of the Society to heal old wounds. I'm not sure that my aspiration has come to fruition in its entirety, but I do get a sense that the Society is more cohesive than it once was. Long may this continue!

I wish you all good fortune and happiness in 2020.

**Dr Keith Lindley**  
**BSPGHAN Convenor 2017 - 2020**

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***Treasurer's Report***  
***Dr Astor Rodrigues***  
[treasurer@bspghan.org.uk](mailto:treasurer@bspghan.org.uk)

**BSPGHAN accounts for 2019**

**BSPGHAN Annual Meeting:**  
***Double Tree by Hilton, The Belfry, Oxford 2019: Hosted by Drs Astor Rodrigues and Lucy Howarth; Professor Holm Uhlig and Professor Paul Johnson***

- Registration fees reduced for Allied Health Professionals and Trainees
- Sponsorship packages increased by ~10%

Accounts prepared and the result included in the Annual Accounts which have been subjected to Independent Examination:

- Total surplus £60,345
- Hosts share (25%) £15,086

**Membership Fees:**

- Direct debits set up for all UK members which has streamlined collecting membership fees.
- Non UK members are monitored by Carla Lloyd and Sam Goult, who issues invoices and ensures fees are paid.

**BSPGHAN membership fees qualify for Tax allowance:**

Peter Hill (society's accountant and Independent Examiner) has enlisted BSPGHAN onto the HMRC list of approved professional organisations for tax relief purposes, effective for 2018/2019 onwards.

**Working Group Expenses:**

- All Working Group Chairs are reminded to ask their members to book their train tickets early at reduced rates through the BSPGHAN Train-line Charity account. Details can be obtained from Carla, [carla@bspghan.org.uk](mailto:carla@bspghan.org.uk).
- Expenses are now paid promptly via BACS. This has resulted in more timely repayments and less bother for members in not having to cash cheques.

#### **BSPGHAN's payments made towards research spending past 3 years:**

1. 2016/2017 - Total £30,000
  - a. BSPGHAN & CCUK - £20,000
  - b. BSPGHAN & CLDF - £10,000
2. 2017/2018 - Total £40,000
  - a. BSPGHAN & CORE - £40,000
3. 2019/2020 - Total £54,000
  - a. BSPGHAN & GUTS - £40,000
  - b. BSPGHAN & CLDF - £14,000

Both claimed in 2018/2019 but actually paid in 2019/2020

#### **BSPGHAN Innovation Grants (BIG):**

Agreed £30,000 over 3 years from 2017, already awarded £28,500 for 5 projects.

1. *Digital Ulcerative Colitis Healthcare Project – DUCH* (Jonathan Hind): awarded £5,000.
2. *Paed eBANS administrator; 2 year project* (Akshay Batra): An award of £10,000 will be made over two years - £5,000 of that has been paid out during 2018/2019
3. *Decision tree for multi professional staff and families caring for patients with neurodisabling conditions who develop severe gut dysmotility* (Sue Protheroe) awarded £3,500
4. *Using the Gastroesophageal Reflux Disease Symptom and Quality of Life Questionnaire (PGSQ) in children with cerebral palsy: a preliminary validation study* (Mark Tighe), awarded £5,000
5. *Role of Vascular adhesion protein 1 in the pathogenesis of chronic graft hepatitis and fibrosis after paediatric liver transplantation* (Professor Deirdre Kelly, CBE) awarded £5,000

Decided at October 2019 council meeting that BSPGHAN suspends BIG awards and re-direct the grants from 2020 towards Quality Standards Project / sponsoring national educational meetings

#### **Quality Standards:**

Summary of proposal for BSPGHAN / RCPCH audit of Quality Standards (published 2017). Estimated cost: £15,000 to £16,000.

#### **Guidance / arrangements for supporting national educational meetings that are arranged for BSPGHAN members**

National IF Meeting - Bristol September 2019 - £3,500 agreed.

Agreed that BSPGHAN pledges £5,000 pa (max of £2,000 per meeting) to support national educational meetings as per SOP being prepared.

#### **Independently Examined Accounts for the year ending March 2019 Funds in accounts as of March 2019 - £297,446**

The Society's Accounts were approved by Council on 15 October 2019 and have recently been filed with the Charity Commission together with its Charity Annual Return. These Accounts will be

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presented to members at the January 2020 AGM and copies can be obtained from the Charity Commission website using the Society's charity number 299294.

### **VAT Registration**

The Society has had to register for VAT under the Partial Exemption Rules and made its first Return for the period ended 30 June 2019. Whilst this will mean that the majority of the Society's income will be invoiced to include VAT at the prevailing rate, a significant proportion of the VAT element in its costs will be recoverable against VAT payable. All invoices received to support expense claims and charges associated with meetings must show a VAT number where applicable. The recoverability of VAT on costs is subject to the impact of membership fees that are considered exempt for VAT purposes. It is unlikely that the overall outcome will be significant in terms of the Society's results.

### **Insurances**

The Society now carries appropriate insurances to cover its activities, including Indemnity insurance to cover the actions of its Trustees, Event insurance to cover the risk of a catastrophic failure of an Annual meeting and Employers Liability Insurance to cover all members that volunteer to represent the Society at Working Group and Annual Meetings.

Special thanks to Carla Lloyd for her amazing administrative assistance, to Sam Goult for her scrupulous support as assistant administrator and to Peter Hill for providing sound advice, preparing the accounts and for a reduction in his charges as the financial processes of the Society become more streamlined. I would also like to extend my appreciation to BSPGHAN's executive (Sue Protheroe and Keith Lindley) and its council members for their input and suggestions over the past year.

### **Astor Rodrigues, BSPGHAN Treasurer, 2017 - 2020**

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### **Committee and Group Reports:**

#### **Gastroenterology Chair Report December 2019 Dr Chris Spray**

I have pleasure in reporting another successful year for the working groups.

Terms of Reference for each Working Group have been revised and updated in particular in relation to size and membership of groups, turnover of membership and financial support for each Working Group by Dr Keith Lindley, BSPGHAN convenor.

#### **Working Group Annual Reports 2019:**

##### **BSPGHAN Coeliac Working Group Peter Gillet (Edinburgh) – Chair**

Peter has re-invigorated this group and has good links with Coeliac UK and ESPGHAN.

In 2019 the group met twice, once at BSPGHAN Annual Meeting in Oxford and then on 16th October in London, along with CUK at the London mathematical society.

The group discussed the new ESPGHAN 2019 (2020) guidelines, based on NICE NG20 questions.

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A number of email discussions took place outwith these meetings and evidence was tabled by the chair to inform discussion at the meeting in October.

We have also discussed various pragmatic management policy issues, ahead of the new guidance being officially online, then for after their publication. It is likely that they will be called ESPGHAN 2020 and will be in JPGN in January 2020.

We discussed pragmatic guidance for management of the condition, reflecting different management strategies even within the group and also a questionnaire that will be presented at BSPGHAN Brighton about general management (pre ESPGHAN 2019).

We discussed the 2020 CUK campaign which will be about children and young adults. The research meeting will be on March 20th 2020 in London and is free for all registrants who are accepted, first come first served basis.

<https://www.coeliac.org.uk/research/our-approach/research-conference/2020/>

We discussed the issues in the UK about inappropriate use of DQ typing and levels of TGA for diagnostic purposes and hopefully the new guidance will put an end to that.

We discussed the BSPGHAN CD group relationship with BSG and the opportunities for joint working. During the meeting the CUK comms team took the opportunity to interview and film many of the BSPGHAN group members on their experience and advice on diagnosis and management.

The NICE guideline NG20 is out for consultation as to whether it should be updated – PG will respond on behalf of the group and has collated responses, although there were not many, from members of BSPGHAN.

It was noted that the Coeliac SIG (Special Interest Group) welcomes all ESPGHAN coeliac interested members to join and three workstreams are currently underway including ongoing evidence based management guidelines and dietetic guidance.

<http://www.espghan.org/about-espghan/committees/gastroenterology/working-groups/special-interest-group-coeliac-disease/>

## **Outcomes**

BSPGHAN CD working group will review ESPGHAN 2020 guidance for Frontline Gastroenterology  
BSPGHAN and CUK will promote ESPGHAN 2020 in a joint publication (to be decided on where to submit) and propose pragmatic diagnostic and management guidance for review and follow up guidance for UK audience

CUK to consider a web page ‘around the child’ with all informatics linked in to improve information accessibility

CUK and BSPGHAN dietitians to revamp Calcium (and Vit D) guidance for children  
A series of pragmatic guidance questions will be sent to WG members for voting on  
WG members to consider specific research questions and email the group

Date of next WG meeting will coincide with BSPGHAN Annual meeting in Brighton Jan 2020

## **BSPGHAN Motility Working Group Chair: Dr Mohamed Mutalib (Evelina, London)**

BSPGHAN Motility Working Group position statement: paediatric multichannel intraluminal pH impedance monitoring-indications, methods and interpretation. Is now available in pubmed (Frontline Gastroenterol. 2017 Jul;8(3):156-162. doi: 10.1136/flgastro-2016-100796) it was previously on the journal website only.

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BSPGHAN motility working group consensus statement on the use of anorectal manometry in children with defecation disorders has been accepted in Neurogastroenterology and Motility which is the official journal of the American Neurogastroenterology and Motility Society or the European Society of Neurogastroenterology and Motility. This puts us at the leading front to standardise clinical practice for anorectal manometry in children and will ensure visibility to BSPGHAN

The group met three times in 2019 to discuss directions and project, we will focus on producing consensus statements and position papers in the next few years. Our next project is position statement on Colonic Transit Markers studies and the variation in UK practice, we have completed an initial audit about different practices in the UK and aim to complete the project/submit for publication by the middle of 2020

Simultaneously we are in the early stages of writing a consensus on paediatric rumination syndrome, aim to produce the document by the end of 2020

We are in the early stages of discussion with the association of GI physiologists (AGIP) to try to set up a pathway for paediatric GI physiologist/scientists

The group will take part on RCPCH BSPGHAN SNOMED CT

The group's chair three years is coming to an end by 2020. A call to the whole BSPGHAN membership for expression of interest will be made. The group will then elect a new chair. If there is more than one person, the chair will be elected by the working group and ratified by council. The call will go out around summer 2020.

### **BSPGHAN IBD Working Group**

**Chair: Dr Rafeeq Muhammed, Birmingham**

A call to the BSPGHAN membership has taken place for expression of interest for the new chair of the WG. 2 people have applied and the WG has voted, based on their statements at their working group meeting, December 2019.

The council and I would like to say a big "thank you" to Rafeeq who has done a great job as chair over the last 3 years, steering the group positively and continuing its active productivity.

### **Report: IBD Working Group**

**Chair: Dr Rafeeq Muhammed, Birmingham – Welcome to Dr Jochen Kammermeier to take over as Chair at annual meeting January 2020**

The IBD WG membership:

David Devadason	Nottingham	Secretary
Chris Spray	Bristol	Gastro (GI representative in Council)
Janis Maginnis	Stoke	IBD Nurse
Sibongile Chadokufa	GOS	IBD nurse (on leave)
Jochen Kammermeier	Evelina	Gastro
Jenny Epstein	Chelsea	Gastro
Dr Mashood Ayaz	Epsom & St Helier	Paediatrician with GI interest
Ieuan Davies	Cardiff	Gastro
David Devadason	Nottingham	Gastro
Marcus Auth	Liverpool	Gastro
Thankam Paul	St George's	Gastro
Anne Wilmott	Leicester	Gastro
Franco Torrente	Cambridge	Gastro
Michael Stanton	Southampton	BAPS representative
James Ashton	Southampton	Trainee representative

The group held 4 meetings in 2019. During the last 12 months, the group has focused on the following priorities: The documents produced are intended as a summary of available literature and discussed by the group in order to help guide. It is not intended to be a systematic review.

1. The documents on the “Guidance on the role of vitamin D, folate and vitamin B12 in IBD”, ‘Transition in IBD’ and ‘Fatigue in IBD’ will be available on BSPGHAN website soon after the review of council executives
2. Other on-going work includes “Vaccinations in children with IBD, ‘Supporting professional development of paediatric IBD nurses’.
3. The working group is in the process of developing a document of advanced learning objectives in PIBD. This is for the benefit of our trainee members. This document will complement the RCPCH PIBD curriculum.
4. New Prospective Incidence study - PINPOINT study (Prospective Incidence of Paediatric-Onset Inflammatory bowel disease) will be led by Paul Henderson and has funding approved. Paul and the working group will be in touch with more details to let everyone know how to take part. Successful completion of this project should benefit all members.
5. The working group is supporting the adoption of the IBD registry by paediatric IBD units. The IBD registry will be useful for local data collection and facilitate participation in national audits. The working group aims to enable all IBD units to input data using the IBD registry patient management system or web tool in the coming years.
6. The working group has continued to support IBD research via its informal clinical research network (UKPIBDnet). This (UKPIBDnet) is integrated into the international networks PIBD-net and has established funding from the EU Horizon 2020 project. An inception cohort as part of this funding initiative has been set up by Nick Croft and is recruiting patients.
7. The working group has worked closely with Crohn’s Colitis UK and CICRA and represented BSPGHAN in “IBD UK”, a new initiative led by Crohn’s Colitis UK to update IBD standards. The new standard has been published in June 2019. We encourage all hospitals to join the IBD benchmarking exercise. <https://ibduk.org/ibd-benchmarking-tool>
8. The working group members are contributing to the SNOMED-CT project of RCPCH. Thankam Paul is leading this work.

Ieuan Davies, Franco Torrente, Marcus Auth, Mashood Ayaz and James Ashton have joined the working group this year. It is worth noting that two members of the group have completed one term and applications will be invited from interested BSPGHAN members (consultant paediatric gastroenterologists). Successful applicants will be decided at the working group meeting in January 2020. All BSPGHAN members can request the WG meeting minutes by emailing BSPGHAN administrator.

I will be completing my 3 year term as the chair of the working group in January 2020. A new chair will be elected by the time of the annual meeting. I take this opportunity to thank all the current and past members of the working group and council for their support and encouragement.

Dr Rafeeq Muhammed  
10/12/2019

## **EoE Working Group:**

A call for interest in this new working group in December 2019 proved to be highly popular. There are increasing numbers of patients diagnosed with this condition and guidance around this condition is required.

The chair has now been elected by Executive and Gastro Chair and we are delighted to confirm that Dr Marcus Auth, Consultant Paediatric Gastroenterologist from AlderHey has been appointed as chair of this new group.

Members for the working group will then be selected by the chair and Gastro Chair from those people who have submitted an expression of interest.

Terms of reference for the group will be standardised as per the other WG.

Other BSPGHAN work:

**SNOMED-CT – time pressured work and needs BSPGHAN membership involvement. All Working groups please see information at BSPGHAN and support Thankam and Ed in completing the list within the short period of time requested.**

Dr Thankam Paul (St George's London) and Dr Ed Gaynor (Great Ormond Street, London) are leading on this project. The system is complex and aims to code every step of a patient pathway and in this regard is more than just the ICD 10 code (or ICD 11 code). In the future the tariffs will be linked with the ICD 11 that could be pulled off SNOMEDCT. Other important information such as trends in referrals, endoscopies etc., can also be interrogated using the SNOMEDCT. It is mandatory and the project is supported by RCPCH.

## **What is it and why is it important to BSPGHAN?**

SNOMED-CT (Systemised Nomenclature of Medicine - Clinical Terms) is an international terminology that enables clinician-entered patient details to be recorded accurately.

It is an international, standardised, comprehensive, multilingual vocabulary of clinical terminology, which allows clinicians to accurately record patient data prospectively at the point of care and share information across health systems. It is being used in over 50 countries and is currently licensed for free-use in developing world, and NHS digital has purchased licences for use in all NHS sites within the UK.

It is not being used for financial coding of activity (ICD-10/11 is the standard for this).

## **Why should BSPGHAN be interested in SNOMED-CT?**

SNOMED-CT allows for the accurate prospective electronic recording of all activity at a much higher detail than other classifications, and allows the context of patient care to be linked. There are currently over 365,000 Concepts and over 1,000,000 terms and logically defined relationships.

It allows clinicians to:

- capture data about the multi-faceted needs of their patients at each contact and follow changes over time
- share vital information consistently within and across healthcare settings (and differing ICT systems)
- interpret outcome data
- effectively audit their unit / department
- improve research
- assist in developing business cases, and though to be a crucial part of the RCPCH Paediatrics 2040 strategy
- prevent imprecise use of clinical language

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**NHS England have mandated** that Secondary care, acute care, mental health, community systems, dentistry and other systems used in direct patient care must use SNOMED-CT as the clinical terminology, **before 1 April 2020**. 'GP Read' codes have been mapped to SNOMED-CT and being phased in as the main classification system for Primary care.

### **How is SNOMED-CT Different to ICD-10 Classifications?**

SNOMED-CT is designed for prospective and point of care accurate recording of clinical activity, whereas ICD-10/11 is designed as a retrospective coding of a patient episode in its entirety. SNOMED-CT is designed to work with all electronic patient records (EPR) systems. Although ICD-10/11 codes can be mapped to SNOMED CT terms, it is not designed to be a coding system for billing, rather a clinical tool for electronic documentation of real-time activity.

### **What is the RCPCH doing about it?**

The RCPCH would like to be proactive and ensure that the use of SNOMED-CT is consistent across hospital and community sites.

There is currently good prospective (at the point of care) electronic recording of activity in areas such as intensive care (NICU/PCCU) and emergency medicine, but consistent recording is more mixed elsewhere. Datasets from ICD-10 coding are retrospective and do not reflect the true activity of modern clinical practice.

Although SNOMED-CT is built into many of the electronic patient record (EPR) systems currently in use – the high number of terms and concepts that can be used (e.g. colitis has 236 associated disorders) means that for its use to be meaningful and useful, that there should be some standardisation of terms used.

The RCPCH is recommending the development of the terminology 'sets' for EPR use that is clinically-led to accurately represent concepts that will be used in practice. These terminology 'sets' will then be formally adopted by NHS Digital and SNOMED-CT, for use in the UK. The RCPCH guide on SNOMED-CT adoption can be found [here](#).

### **What does BSPGHAN need to do?**

As electronic patient records are rolled out to Trusts across the UK, all clinicians will be affected by changes in clinical coding. Patients and healthcare professionals will benefit from improved health records, clinical decisions and analysis as coding terminology becomes standardised. The adoption of SNOMED-CT has been nationally mandated, and its adoption in EPR systems will happen.

A draft paediatric SNOMED-CT terminology set has been developed by Sunderland Royal Hospital (Hospital, Community and Neuro-disability services), and has been in regular use for several years. The RCPCH would like to use this as a blueprint for the development of formal national terminology set.

This terminology set has been divided into different sub-specialities – however the level of detail (for clinical, audit and research) is currently inadequate for the needs of EPR use for children with gastroenterology, nutrition or hepatology related conditions. The RCPCH would like the feedback (and updating) of this terminology set by April 2019 from each of the specialist societies and specialist groups within the RCPCH.

### **BSPGHAN should**

1. Support Working Groups in IBD, Motility, Coeliac, Hepatology and Nutrition should identify work to identify the top 100 SNOMED-CT terms for PGHAN
  - a. This will involve reviewing the existing RCPCH Terminology Set

- b. Reviewing the NHS SNOMED-CT browser, to identify the most important terminology for their working group and agree synonyms that might be used for those terms
  - c. To update the excel spreadsheet with the SNOMED-CT Term, SCTID, Abbreviation, Definition and Synonyms
2. BSPGHAN Council should review the finished PGHAN Terminology Set, and have ready to submit to the RCPCH Informatics for Quality Committee by 1st April 2020
3. Promote the use of the PGHAN Terminology Set to be adopted into each centre local EPR system

**Helpful Links** <https://digital.nhs.uk/services/terminology-and-classifications/snomed-ct>

NHS SNOMED-CT Browser can be found here.  
Example Terminology Reference sets can be found here.  
SNOMED Training Resources can be found here.  
RCPCH guide on SNOMED-CT adoption can be found here.

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**Endoscopy Working Group**  
**Dr Babu Vadamalayan**  
[endoscopy@bspghan.org.uk](mailto:endoscopy@bspghan.org.uk)

Further work is in progress towards paediatric accreditation path way. More data is needed regarding the units performing paediatric endoscopy and the facilities available in each unit. Discussion is in progress with in NHSE regarding this especially about standardising the data collection. P-GRS completion rate has improved compared to previous years but not all units are still completing this essential process. Report from recent survey in November 2019 should be available during January 2020 meeting. Accreditation of paediatric services could not be started until engagement with services has improved and closer to accreditation standard. Request for OGD certification remains high but colonoscopy certification rate is continued to be low. Trainees are encouraged to complete all endoscopy procedures in JETS for better assessment of completion rate, and this would be an essential step towards the certification. Its recommended that training units to offer minimum 25 training lists a year to improve this process. Discussion is in progress about the post CCT colonoscopy training and JAG certification for colonoscopy.

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**Joint BSPGHAN / NIHR – Children Gastroenterology, Hepatology and Nutrition Research Working Group**  
**Dr David I Campbell**

David I Campbell  
[research@bspghan.org.uk](mailto:research@bspghan.org.uk)

The society continues to build upon the strengths of previous investments and a culture of research excellence.

### **Research Funded**

This year we have joint awarded the following grants:

- 1) Children’s Liver Disease: Three £10,000 awards with half funding coming from BSPGHAN.

Awards were made to Professors Boulter (Edinburgh), Gill (Oxford) and Reynolds (Birmingham).

- 2) GutsUK: University of Edinburgh, Dr Paul Henderson £40,000 and Marcus Zilbauer University of Cambridge £40,000.
- 3) BiG Awards: Poole, Dr Mark Tighe and Professor Deirdre Kelly £5000 each.
- 4) Acute GI bleed survey – Joint project with BAPS: Led by Professor Nick Croft £6000.

The RWG represents the societies research interests via NIHR C4C and will continue to do this in the forthcoming year.

#### Research Prizes and Systematic Review Fellowship

The Society continues to prize, encourage and grow research by input to research societies allied to our core interests and via NIHR.

- 1) **The BSPGHAN Research Prize:** We award quality in research presented at our Annual meeting. We want to give Trainees, associates and junior consultants (within the first 3 years of substantive posts) a prestigious accolade. Every two years we will review submissions of research activity made from individual members of BSPGHAN, that demonstrate a programme of continuous research activity. The RWG together with members of Council and co-opted senior academics from the Society will review work that shows publications, presentations, grant applications and awards on a linked theme. The successful candidate will be awarded the £500 prize and certificate in the 2020 Annual meeting and then every two years thereafter.
- 2) **The Systematic Review Fellowship:** We are offering an award to an allied health professional or trainee member of BSPGHAN to support the completion of a Cochrane systematic review. The successful applicant will be offered training and mentorship by the Cochrane group team in Preston. Once they have completed this and selected a suitable review title, they will work with the team to complete the review process, being supported throughout to complete the tasks successfully and acquire new skills. The team have worked over the years with many professionals to complete reviews in a similar manner and together with the BSPGHAN research committee, we feel this offers a unique opportunity. The award will be £500 to go towards costs incurred in completing the Lancaster Cochrane systematic review course. In addition the RWG will ensure this candidate has free registration to the Annual meeting to present the review to which the award has been given for. This award will be every 1-2 years as the funding is available (from the NIHR awarded programme to Professor Morris Gordon).

Such is the importance of the research activity of our members and in particular emerging academics from the ranks, we will consider increasing the value of this award over time and promoting that successful candidate in other areas such as ESPGHAN/NASPGHAN, our links with RCPCH and NIHR.

#### Research Training Event October 2019

The Research working Group organised an entry level for emerging researchers and those considering some form of academic work. The event mirrored the RCPCH Research Training Day, but included Allied Health Professionals. We had two of the same speakers (Professors Nick Bishop and Paul Dimitri) and experts from RDS to give highly focused sessions on CV building, who to network with and PPI. The headline speaker was Lane Greene, Editor of *The Economist* speaking about “Plain English, why everyone needs a lay summary”. The event was free and generously supported by BSPGHAN financially and with administration. Unfortunately low interest led to the event being cancelled. Some of these sessions will be reformatted for the ATM in Manchester on 6<sup>th</sup> May 2020.

As a society we remain grateful for the hard work and dogged determination of our members that undertake research activity. We remain a society that has an influence greater than our numerical and financial strength due to the effect of academic activity on our standing within UK academia, the NHS and international GI societies.

We are grateful to our partners in CLDF, Coeliac UK, GutsUK and CICRA. The collaborations beyond the grants awarded adds much to the final impact that we can deliver to our patients.

We are tirelessly supported by Carla Lloyd. For timely, gently spoken words and for remembering so much, just when it is needed, we are eternally grateful.

We look forward to challenges in our funding strategies with reduction in industry support, adapting with those challenges to keep our focus on excellence in the year ahead.

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**Education**

**Dr Loveday Jago**

[education@bspghan.org.uk](mailto:education@bspghan.org.uk)

I took over the role of Education Chair from Dr Sandhia Naik at the Annual Meeting in January. I would like to thank Sandhia for her hard work and congratulate her, Ros and Chris for hosting the Annual Trainees and Associates Meeting, taster day and CSAC reviews in May. I personally attended the meeting and it was received very well and there was good feedback with helpful suggestions for future meetings.

I would like to thank Carla who has been very supportive and has helped me settle into this challenging new role.

The 2020 meeting ATM and trainees day is taking shape. Next year we plan to host in Manchester. The meeting will be a one day event to try to maximise attendance as study leave is becoming increasingly difficult for trainees and associates. Attendees will be invited to a dinner the night before so as to maintain the networking and social aspects of the meeting and then an overnight stay and early start to a full day programme.

Education have supported the local organising Committee of the 2020 Annual Meeting to provide a high quality programme which will hopefully be of interest to all BSPGHAN members. Attendance and abstract submission is now electronic through the EasyChair system. Kwang has been brilliant at supporting us through this process.

The SOP for BSPGHAN Endorsement of Educational Meetings has been finalised for council approval.

A draft SOP for guidelines produced/published/endorsed by BSPGHAN has been circulated. The trainee Representative Ros has provided a very useful list of resources that can be linked to from the new website but this is still work in progress as the SOP should be finalised first with a clear governance framework.

Aims for next year are to establish an Education Working Group and finish updating the BSPGHAN website education guidelines resources and links.

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**Nutrition and Intestinal Failure Working Group (NIFWG) of the British society of Paediatric Gastroenterology, Hepatology and Nutrition (BSPGHAN)**  
**Dr Akshay Batra 2019 – 2022**  
**nutrition@bspghan.org.uk**

I took over as the chair of nutrition and intestinal failure working group in Jan 2019. It is an excellent opportunity to work with this multidisciplinary group and I would like to thank all members for the work they have put in over and above their regular commitments.

There have been some new changes to the team. Jutta Koeglmeier has taken over the role of BAPEN representative and Neil McConnell as the trainee BAPEN representative. Natalie Knight is a dietitian who joined as Research representative. Amy Hill and Natalia Iglesias have joined the group as the pharmacy representatives.

The group met 3 times over the last year in Jan, April and September. The next meeting is scheduled for 31<sup>st</sup> of January 2020. The activities of the last year that I would like to highlight are

1. Development of practical guidelines for management of children on HPN- NIFWG is hoping to bring out national guidelines for management of intestinal failure in January 2020.

These would be guidelines for practical day to day management with the aim of standardising care across the country.

2. eBANS Chair – Tony Wiskin

eBANS has been successful in engaging intestinal failure centres across the country to add data for patients on Home PN. The collated data was presented in the last BSPGHAN annual meeting. There is plan to transfer the eBANS database from current platform to the N3 network which would be shared with adult IF services.

The advantage of this would be

- i. Able to add patient specific information
- ii. Future proofs funding for e-BANS as this better linked with adult service
- iii. Ability to generate end user data
- iv. Smooth transition of patients from paediatric to adult service.

3. National complex nutrition meeting – A National complex nutrition and IF meeting was organised by Tony Wiskin in Bristol. It was a very well received and successful meeting attended by around 75 delegates. The group would like to thank BSPGHAN for extending their support to the meeting. Next year Camilla Salvestrini has very kindly agreed to host the meeting in Cambridge.

4. As a result of the loss of capacity in compounding facilities for patients on Home PN we have had to reorganise the way we deliver care. NIFWG represented the society in negotiations with NHS England and was able to ring fence the supply of compounded PN for patients <16 years of age. It has also provided paediatric representation in the national clinical cell set up to prioritise and allocate compounded home parenteral nutrition slots, for adults and children with intestinal failure.

5. National Nutrition nurses group – Nutrition nurses across the country have formed a group to share their knowledge and experience in managing children in need for complex nutrition. The group is represented on NIFWG by Angela Cole.

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## **Website**

[Webmaster@bspghan.org.uk](mailto:Webmaster@bspghan.org.uk)

Since taking over the role of website administrator in 2019, I have focused my efforts on two projects- developing a website for the BSPGHAN annual meeting, and revamping the main BSPGHAN website.

### 1) BSPGHAN 2020 Annual Meeting website

A website ([www.conference.bspghan.org.uk](http://www.conference.bspghan.org.uk)) was set up to support the BSPGHAN 2020 annual meeting.

It is a simple website that allows for people to view information about the meeting and register online, with the option to pay online via Paypal.

Separately, we have used the Easychair abstract management system ([www.easychair.org](http://www.easychair.org)) for online submission of abstracts. This allows people to directly submit their abstracts online (instead of via e-mail) and greatly simplifies the process of abstract reviewing.

### 2) BSPGHAN main website

Throughout the year, I have been patching up the old website. This included updating the Drupal content management system to the latest version and the various modules, which have all been several years out of date. I also added a 'Charities' section to the website, and recovered the website from a crash in March 2019 when the database simply overloaded.

It has become clear to me however that the website needs more than some touch-up paint. To that end, I have been working on a new site (a work-in-progress can currently be viewed at <https://newsite.bspghan.org.uk>).

This will involve switching the content management system from Drupal to Wordpress.

Some of the benefits of moving over to the new site are as follows-

- The new site is mobile-responsive – meaning it will be viewable on mobile phones, tablets and computers.
- Refreshed design and easier navigation
- Easier to update and install new features
- Twitter feed now works again (it is broken on the old site)
- New calendar feature allows the viewing upcoming events by list, month or day
- News and updates are more visible on the front page

Hopefully, we will be able to launch the new website in early 2020.

So far, the cost for setting up both websites has been minimal-

- 1) Wordpress theme – Elegant Themes - £87.10
- 2) Wordpress event registration plugin – Event Espresso - \$66.36 (approx. £52.30)
- 3) Easychair professional licence - £162.00

Total - £301.40

Of course, it is no use having a spanking new website if the content is out of date. Hopefully the new site will encourage BSPGHAN members and working groups to contribute new content and update existing information.

I would appreciate any feedback, good or bad, on both websites – these can be sent to me at [webmaster@bspghan.org.uk](mailto:webmaster@bspghan.org.uk).

Many thanks to Carla for her support and guidance throughout the year- could not have done this without her help.

Kwang Yang

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## **Hepatology**

### **Dr Indra van Mourik (January 2020)**

#### **Core members:**

1. Consultants from all 3 paediatric Liver Centres
2. Gastro representative: Christine Spray
3. Trainee representative: Lauren Johansen/Kavitha Jayaprakash
4. PPP/CLDF representative: Alison Taylor

#### **MEETINGS:**

1. Two business meetings per year (January at BSPGHAN, June)
2. Tri-centre annual audit meeting (June, prior to business meeting)
3. Annual Stake-holders Education Day

This meeting marks my handover to Tassos as the Chair of Hepatology Group. He will, without a doubt, continue to ensure paediatric hepatology interests and contributions will be conveyed. I wish him well, and am sure he will enjoy his time on Council and receive the ward welcome, friendship and support that I experienced.

This year has seen ongoing collaborative projects between the Liver Specialist Centres, BSPGHAN and many other national and international bodies including NHS England, NICE, BSG, BASL, the RCPCH, ESPGHAN and EASL, as well as family support organisations (Children's Liver Disease Foundation). The liver steering group continues to provide a valuable forum for these activities to be raised, discussed, debated, co-ordinated and communicated, with a very welcome input from Dr Christine Spray, the Regional centre representative.

Activities over the last year that I wish to highlight are:

#### **GUIDELINES AND AUDIT:**

NHS England Commissioners attended the annual Audit Meeting of the Paediatric Liver Centres in June 2019, which was held in Leeds. Each centre presented an overview of 'Liver Transplant Outcomes in Children with Inherited Metabolic Diseases'. There was excellent representation from members of the IMD Teams from each transplant centre, adding great value to the discussions. Each centre has individualized protocols for various IMD 'sub-classes'. Many similarities but also some differences in approach were identified, which did not seem to impact on patient outcome. Some specific risks related to certain IMD 'sub-classes' were highlighted. The centres aim to work together to develop unified protocols.

Our guideline for approach to children with probable NAFLD (developed following 2017's joint Audit Meeting) will be published shortly on the website.

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### **Transition:**

Through BSG representation and presence/presentation at national BASL/BLTG/BSG conferences we continue to work closely with adult services to improve the adolescent transition process. This is much appreciated by adult teams who are generally very open and keen to learn from paediatricians.

### **INTERACTION WITH NATIONAL/INTERNATIONAL BODIES:**

#### **Lancet Commission on Liver Disease (UK):**

The 6<sup>th</sup> Lancet Commission report entitled: Unacceptable failures: the final report of the *Lancet* Commission into liver disease in the UK, was published online on 29<sup>th</sup> November, with formal launch at Royal Society in London planned for 23<sup>rd</sup> January 2020.

The paediatric component of this report focused on 'outcomes in children with liver disease' with contributions from all three centres in providing outcome data, particularly in the post liver transplant group. The Commission recommends that "more attention should be given to the concept of so-called meaningful survival—a state of complete physical, mental, and social wellbeing and not merely the absence of disease."

#### **Lancet-EASL Commission:**

The European Association for Study of the Liver (EASL) has been commissioned by The Lancet to work together to create a "Lancet-EASL Commission on Liver Disease in Europe: Overcoming unmet needs, stigma and inequities."

Prof Deirdre Kelly chairs the Paediatric working group, which aims to collate the various models of care for paediatric liver disease across Europe in order to identify gaps in care and access to services, transplantation and transition services, with the aim to make recommendations for the future.

#### **Representation:**

Representation on British Association for the Study of the Liver (BASL), British Liver Transplant Group (BLTG), *Multi-visceral* and Composite Tissue Advisory Group (MVTAG, prev Bowel Advisory Group) and Liver Advisory Group (LAG) was provided by Girish Gupte, Jonathan Hind, Sanjay Rajwal, Tassos Grammatikopoulos, Marianne Samyn/Serena Kyrana, Mona Abdelhady/Jane Hartley, Sue Beath and myself.

### **TRAINING:**

The challenge of recruiting to Hepatology Grid Posts continues. This despite our enthusiastic contributions to taster days, study and training days and representation at the annual Trainees Meetings.

As reported in previous years trainees in hepatology, as in other specialist services, are facing ongoing difficulties ensuring sufficient specialty exposure due to working patterns. This has worsened in recent years due to a general shortage of paediatric trainees in many centres, pulling specialty trainees away from daytime work in their specialty to fill out-of-hours rota gaps. We continue to interact with the Royal College and our own Trusts as advocates for specialty trainees and to ensure quality of training.

### **NEW DEVELOPMENT:**

With the number of children presenting with acute and/or chronic pancreatic disease having risen sharply over the past few years we felt there is a need to get a better understanding of pancreatic services across the UK. The LSG, with backing from BSPGHAN, is therefore in the process of setting up a multidisciplinary 'Pancreatic Disease Working Group' with the aim to audit local/national services, develop clinical guidelines for the Society, facilitate and co-ordinate delivery of a comprehensive pancreatic disease service and clinical networks, as well as form a forum for development of collaborative research.

Finally, on a personal note, I have come to the end of my term as chair of the group and therefore my representation on BSPGHAN Council. I would like to thank my colleagues in Birmingham and members of the liver steering group for their support during the past 3 years.

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### ***Trainees***

***Dr Ros Rabone, Trainees in Paediatric Gastroenterology, Hepatology and Nutrition (TiPGHAN)***

#### **Annual BSPGHAN Trainee Report 2019**

Dr Ros Rabone, Chair 2018 – 2021  
Dr Kirn Sandhu, Secretary 2016-2019  
Dr Kwang Yang Lee, Endoscopy - 2018-2021  
Dr Hina Rizvi and Dr Jeng Cheng, Education 2017-2020  
Dr Kornilia Nikaki, Motility 2017-2018  
Dr Neil McConnell, BAPEN 2019-2022  
Dr James Ashton IBD 2019-2022  
Dr Harween Dogra, Nutrition 2018-2021  
Dr Nicola Ruth, Research 2018-2021

#### **Summary for Newsletter**

2019 has been an excellent year for trainees, seeing excellent turn out for both the ATM and Annual meeting, superb uptake into PGHAN Grid applications and an increase in BSPGHAN membership.

Both the ATM London and the AGM at the winter meeting were excellent networking and learning opportunities that the society continues to support the trainees in. We hope to continue this with the upcoming Brighton Annual meeting in January and the ATM in Manchester.

It is with great sadness that I have decided to step down from the Trainee Chair role a year before my term ends. It has been a privilege and a joy to work on the council and to act as a Trainee representative in this forum. I thank all those council members and the trainee representatives for their support over the last two years. Our plan is to vote for the next trainee chair at the AGM. I wish my potential successor the very best of luck for the future.

#### **Meetings of Note**

##### **Trainee AGM (BSPGHAN Annual Meeting).**

There was a positive turn out by members and non-members to the AGM. Over 70 trainee delegates registered for the BSPGHAN winter meeting in Oxford, and it was a joy to see so many involved in presenting and attending.

##### **ATM London 2019**

The success of the London ATM was evident from the positive feedback from participants; both formal and informal. Over 60 delegates attended over the two days with excellent local speakers

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covering PGHAN topics as well as senior trainees delivering informative lectures and associates and trainees engaging in MDT case discussions.

CSAC Annual progress meetings were organised throughout the Trainee day which encouraged trainee attendance and enabled more fruitful face-to-face feedback. Many thanks to Carla and Sam for all their help, particularly as this was my first time organising ATM. Thank you also to Sandhia Naik for hosting and helping local coordination of the programme and Nkem Onyeador and the CSAC team for aiding us with the progression meetings.

ATM Manchester 2020

Next ATM will be on Wednesday 6<sup>th</sup> – Thursday 7<sup>th</sup> May 2020. The decision to continue the joint meeting for the next 12 months has been made, Dr Loveday Jago and Adnaan Kala (local GRID Trainee) will play an integral role in hosting and organising the meeting, whilst Nicky Heather (Associates Chair) and I will be formatting the programme to address educational needs across the delegate group.

We hope to continue the format from ATM 2019, integrating the CSAC progression meetings in order to continue strong attendance. The theme of the ATM will be 'Practical PGHAN'.

### Trainee Representative Update

Endoscopy - Dr Kwang Yang Lee

Unfortunately, Kwang was unable to attend the last few WG meetings after dedicating a lot of his time towards formatting the new BSPGHAN website. However, from the meeting he wanted to highlight upcoming changes to the endoscopy training curriculum including colonoscopy accreditation; which will be formalized in the new year.

Education - Dr Hina Rizvi and Dr Jeng Cheng

Jeng Cheng was appointed this year as part of the trainee education team. In 2018, Phillipa Wood and Hina collated a compiled a list of guidelines. In 2020 our plan is to work with the Education Chair, Loveday Jago and be able to circulate a contemporaneous, coherent list of resources to trainees via the new website.

Hepatology – Vacant

This year Lauren Johansen stepped down from hepatology trainee representative after several years of being heavily involved in the trainee group. We thank Lauren for consistently feeding back from the Liver WG on trainee issues, as well as acting as a voice for hepatology trainees.

Her position will need to be refilled; Kavi Jayaprakash is keen to take on the role, and this will hopefully be supported by the working group at their next meeting.

IBD - Dr James Ashton

We welcome James after being voted in at the Annual meeting by the IBD WG. James has highlighted the current or pending publications that may be of interest to trainees:

- BSPGHAN guidance on vaccinations and prophylaxis in IBD patients
- Investigation and treatment of fatigue in IBD
- NICE ulcerative colitis 2019 update, specifically mild-moderate disease
- NICE Crohn's disease 2019- update, specifically post-surgical management
- IBD benchmarking tool <https://ibduk.org/> to be implemented for services to self-rate on IBD standards. Patient survey results to be fed back to individual units- something for trainees to be aware of
- PINPOINT study- incidence of paediatric IBD in the UK to be started, something for trainees to become involved with- watch for this as all centres have confirmed they will contribute

James has also been keen to feedback meetings and learning events such as:

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- ESPGHAN IBD masterclass 2020 in Bristol
- ECCO Feb 2020 in Vienna
- PIBD Edinburgh 2021

As a trainee deeply involved in research, James is keen to help anyone interested in IBD research (clinical, translational or basic science), to get in touch so that they may endeavour to help put in contact with the right people.

Research - Dr Nicola Ruth

Nicola has continued working on the Research WG and has fed back exciting changes on the role of funding with C4C. There has been a lot of discussion following the strategy meeting in 2018 regarding the introduction of prizes in research and the need for ongoing grant support for interested and successful applicants.

Nutrition - Dr Harween Dogra

Harween has been working with the Nutrition group and RCPCH on the possibility of online nutrition modules for trainees.

Documents that are pending or newly released include:

- Management of intestinal failure guidelines (BSPGHAN)
- The use of tedeglutide

BAPEN Education Representative – Neil McConnell

Neil was appointed into this position this year after the role being unfilled for some time. After the most recent BAPEN meeting in November, Neil wanted to feedback the work being done with BAPEN and the Education WG Trainees on "Nutrition Top Tips" which should be completed early in 2020.

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***Paediatricians with an interest  
Dr Himadri Chakraborty 2018 - 2021  
peghan@bspghan.org.uk***

The PeGHAN group has ventured through a productive year, duly supported by the BSPGHAN society. This year marked a significant increase in the number of PeGHAN members. We currently have 66 members in our WA group, out of which around 46 are established members of the society.

The other members are also encouraged actively to join the society. The WA group is a very interactive group which is providing a good platform to share our experiences and knowledge on a daily basis.

**Activities in the past year:**

- 1) I am currently undertaking a mapping process of DGH centres in the country with SPIN doctors and link them to respective Gastro networks. I have made significant progress in that endeavour and hope to complete this by early 2020. This database will be the first of its kind for BSPGHAN for PeGHAN doctors.

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- 2) I have signed off 7 SPIN Trainees last year and approved new 9 Trainees as SPIN CSAC.
- 3) We have been chosen as one of the first SPIN Speciality groups by RCPCH to produce a new Curriculum linked to Progress. Our Proposal was accepted and we have recently submitted our first draft of the curriculum which will go through a review and Quality standard process of the College before being published in March 2020. So, watch the space. Once that comes out, then the old Framework of Competency will cease to be used for SPIN modules.
- 4) Representatives from PeGHAN Group have been actively engaging and contributing to the WG activities.
- 5) Had an interactive session with prospective Gastro trainees who intend to pursue SPIN at the Annual Trainee Study day.

**Additions from other WG: Coeliac** – Dr Siba Paul from Coeliac group presented results of his national survey at the WG meeting in October.

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**Associate Members**  
**Mrs Nicky Heather**

**Associate committee**

Our Committee remains as:

Nicky Heather	Chair
Jo Brind	Secretary
Chris Smith	Education – ATM 2019 co-ordinator
Emma Jones	Committee Member
Lindsay Hogg	IT/Social Media
Sophie Velleman	Ordinary member

**Update on Associate Working Group representatives.**

Associate representation on working groups provide a key role incorporating expertise to these MDT groups and in return are a link to the projects and initiatives that are taking place within the Society. To that end these roles make up an extension to the work of the Committee

Endoscopy:	Mick Cullen, Southampton
IBD:	Janis Maginnis from Stoke: and Sibongile Chadokufa, Great Ormond Street
Motility:	Jo Brind, GOSH
Coeliac:	Sophie Velleman, Bristol; Elaine Buchanan, Glasgow
Nutrition:	Tracey Johnson, BWCH; Angela Cole – Barts;
Quality Standards:	Kay Crook

**Social Media**

The Facebook page is being used to advertise meetings, interesting articles, member queries. We still need to remind our members its available and to use it. It can be a very useful way to network with colleagues particularly if you have a difficult case you need advice on, useful information you wish to share and the perfect place to promote relevant study days and meetings. It is a Closed Group so you may be asked for some proof of membership to be approved to ensure the security of the group. The Associates are encouraged to also use the main BSPGHAN Twitter page to link interesting articles, promote meetings and peer support if they wish.

Kwang Yang Lee is in the process of updating the Society website. Lindsay will lead on the Associates section. We are keen that this area of the website is a useful resource for our members and will always welcome ideas on what should be included.

### **Education (ATM meeting and Taster days)**

The Associates are involved with the following:

#### **BSPGHAN Associate and Trainee Members' Meeting.**

The date was moved to 2<sup>nd</sup>-3<sup>rd</sup> May 2019 from 2018 and was hosted by Dr Sandhia Naik, with a joint programme devised by Dr Ros Rabone, Chair of Trainee Members and Mr Chris Smith of the Associate Members. The focus topic this year was MDT working using case studies with input from panels of Doctors and AHP's. The feedback from the day was very positive and enjoyed by all attendees.

#### **Research Study Day 3.10.19.**

Unfortunately due to very small numbers of applicants this day had to be cancelled except those who did attend listened to an inspiring presentation on plain English by Lane Greene from The Economist. David Campbell is still very keen to run the research day for entry level researchers and particularly aimed at AHP's. This may be able to be combined with the next ATM day.

#### **Psychology Interest Group**

Sophie Velleman has submitted a proposal to Council to establish a psychology working group within the Society. We are very excited about this initiative as psychology forms an ever increasing requirement amongst all of our specialist areas.

**Associates AGM at Brighton BSPGHAN meeting** – we will promote the Associates AGM to all of the Associates who are registering for Brighton with a reminder leaflet to be added to their welcome packs. This approach last year helped to make very good attendance at last year's AGM.

#### **Latest Updates from the Associates Committee**

The Committee last held a meeting on 24<sup>th</sup> October. The following topics were discussed:

1. **The ATM programme** – The ATM will be held in Manchester 6<sup>th</sup> and 7<sup>th</sup> May 2020. After discussion at last year's AGM in Oxford about the difficulties in getting study leave and funding it was suggested that an Associates study day should be linked to the BSPGHAN annual meeting which will be in Birmingham in 2021. This will be an educational day held on the Tuesday ahead of the 3 day main meeting.
2. **Committee roles up for re-election.** The roles of Chair (Nicky Heather) and Education (Chris Smith) are overdue. A call for expressions of interest was circulated. Those members who have expressed interest will need to have submitted a proposal and brief CV and a new Chair will be approved at the Associates AGM in Brighton 2020. Those who are not successful will be invited to join the Associates Committee and the role of Education Chair will be decided.

#### **Membership**

We have had a steady increase in new members in the last quarter with particularly welcome interest from psychologists who work with PGHAN services.

Nicky Heather  
Lead Dietitian for Paediatric Gastroenterology  
Southampton Childrens Hospital

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#### ***Patient and Professional Partnership (PPP)***

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**PPP report 2020**  
**Children's Liver Disease Foundation**

It has been a very great pleasure to represent PPP organisations on the BSPGHAN Council since 2019.

The Charities, GutsUK and CLDF had an excellent response to calls for research awards. Details of successful projects funded can be seen the Research Appendix.

I can confirm that Sarah Sleet, CE of Crohn's and Colitis will take over this role and represent all the charities on council.

My personal thanks to council for their support over the last four years and thanks to Sarah for agreeing to be the PPP rep from January 2020.

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**CSAC**  
**Professor Mark Beattie 2019 - 2022**  
**Chair Gastroenterology, Hepatology and Nutrition CSAC**

There are a number of active issues

- It is unclear when Shape of Training will be implemented. In summary this reduces the specialist training period to 7 years, although does maintain the full 3 years for higher specialist training (level 3) and does enable out of programme time between level 2 and level 3. The positive for us is that speciality training isn't shortened although the tough thing is that training will be overall shorter and potential recruits to the grid will be less experienced. There is much discussion of competency based training rather than length of training.
- There are no plans to change the PGHAN Curriculum – please note, like for an adult gastroenterology CCT – JAG certification for Gastroscopy is a key competency but not Colonoscopy with the presumption that to be awarded the CCT reasonable progress to competency in Colonoscopy is being achieved (for Paediatric Gastroenterology trainees) but ongoing experience/training will occur post CCT. We are not able to mandate the ongoing experience/training although agree that is entirely appropriate and in keeping with good medical practice
- We have been given the go ahead to update the PGHAN Spin Curriculum which is good news and thanks to Dr Chakraborty for putting in the bid and to the CSAC team/BSPGHAN for their input. The intent is to map the curriculum to competencies as per the PGHAN Grid Curriculum. Dr Chakraborty will lead the process with support from CSAC/RCPCH/BSPGHAN as appropriate. The intent is that the revised curriculum needs to focus around the patient management needs for specific issues across the relevant clinical network. I am pleased we are going to be in the first wave

There are a few issues relating to endoscopy training

- We are recommending that GRID trainees have access to at least 25 lists per year and do a reasonable number of procedures on the lists. This is essential to give trainees the enough exposure. I have asked that issues for individual trainees are highlighted early although other than the process of accreditation of training/approval of rotations CSAC have no ability to mandate this recommendation.

- We are planning a further trainee survey in 2020 – the last survey from 2018 was helpful and copies of the report can be got from Rulla Al-araji the CSAC training representative
- We have had contact from the Endoscopy Working Group regarding numbers needed to train/be accredited through JAG for Colonoscopy. We accept the numbers for Colonoscopy may be greater than 100 although would not want to propose a number and will leave this to the Endoscopy Working Group/JAG. However for CSAC and PGHAN CCT the emphasis (see above) is on the trainee making reasonable progress to competency with the presumption of ongoing experience/training post CCT and this being evidenced. This will all become more difficult with the implementation of Shape of Training which shortens the total training period

We are currently in the process of selection for the Grid and have a good selection of applicants

- There has been much discussion about eligibility for the grid and recognition of previous training. It seems nothing is set in stone however to get a CCT in PGHAN you need to have been appointed to the GRID and in principle you should have at least 2 years of training left although this assumes some of the competencies have been/can be achieved prior to taking up the GRID post – remember this is a 3 year programme – although exceptions can be made and potential applicants should talk the RCPCH/CSAC early and remember that any change in CCT date is a matter for their deanery and the CCT date isn't easily changed
- We have approved new centres for training – Leicester, St George's - with the intent longer term that training, for at least 12 months, should be available in all regions.
- All training rotations need Deanery and CSAC approval and so if you are looking to offer rotations starting in 2021 it is never too early to start planning
- We are hoping to get GRID Trainee CSAC progression forms and SPIN Trainee reviews done at the Associates and Trainees meeting in May 2020. Nkem Onyeador, Himadri Chakraborty and Rulla Al-araji will link directly with the local organising team regarding the practicalities

There are a large number of Consultant Posts being advertised at the moment. In the past all consultant post job plans had to have CSAC approval although I understand this is no longer mandatory. I would however encourage this as it is (hopefully) helpful and gives CSAC an overview of what trusts want and an opportunity to input as appropriate. I am planning to write to all units to request information on number of consultants in post and anticipated retirements/expansion planned so we can get some sense of where we are with the difficult balance of numbers of trainees versus number of consultants posts needed.

We have been given the go ahead to do some webinars to cover the PGHAN curriculum competencies for trainees (GRID and SPIN) in conjunction with the RCPCH which will be hosted by them. We have decided to focus on Clinical Nutrition (Intestinal Failure and Complex Nutritional Support) first – Dr Batra and Dr Hinds have kindly agreed to lead on this

I took over as CSAC chair in March 2019. I would like to thank Sue Protheroe, previous chair for all her hard work and commitment in that role and considerable support during the transition period.

I would like to thank the committee for their hard work and support – Lucy Howarth, Jonathon Hinds, Akshay Batra, Nkem Onyeador, Himadri Chakraborty, Mona Abdel-hady and Rulla Al-araji.

Mona has recently stepped down from the committee and will be replaced by Vandana Jain and so many thanks for your work on the committee Mona and welcome Vandana.

I will be at the annual meeting in Brighton and am happy to discuss with trainees/trainers and members any of the issues raised in this report

Professor RM Beattie  
Consultant Paediatric Gastroenterologist  
Honorary Professor of Paediatric Gastroenterology and Nutrition

Chair of the Royal College of Paediatric and Child Health (RCPCH) College Specialty Advisory Committee (CSAC) for Paediatric Gastroenterology, Hepatology and Nutrition

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**Michael Stanton,**  
**Paediatric Surgeon, Southampton Children's Hospital**  
**BAPS representative. 2015 - 2020**

It has been a very great pleasure to represent BAPS on the BSPGHAN Council since 2013, and on the BSPGHAN IBD Working Group over the last few years. A new paediatric surgery colleague will be taking over this role in the next couple of months, I am sure that more collaborative work will continue. Many thanks indeed to all of those of you that I worked with over the last 6 years.

Over the last year, the joint BSPGHAN/BAPS prospective study of acute upper GI bleeding (supervised by Prof Nick Croft) has finished recruitment. Preliminary results will be presented at this meeting, and we hope to present at the annual BAPS congress in July 2020. We appreciate your participation and help with this very important piece of work.

The Joint BSPGHAN/BAPS Study Day in January 2019 was a great success; I hope that this venture can be continued in future years.

Many thanks again to those of you who contributed to the survey of current PIBD practice. This was presented at ESPGHAN in July 2019 (as well as at BSPGHAN in January 2019). This has also informed ongoing work on improving transition of children with colo-rectal conditions to adult services.

I wish you all a very enjoyable and successful meeting in Brighton, apologies I cannot be there this time. The programme looks superb it is a shame for me to miss out!

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Quality Standards Committee  
J Fell Chair 2019 - 2022

Dec 2019

BSPGHAN Quality Standards Committee, RCPCH and charity partners have begun on the content and strategies for the national audit of the application of the [2017 Quality Standards for Paediatric Gastroenterology, Hepatology and Nutrition](#). We have formed a steering committee to oversee the audit.

The aims of the national audit is to define clinical pathways that best serve the needs of children, and mapping the current configuration of paediatric gastroenterology, hepatology and nutritional services throughout the UK. We hope that by collecting and sharing this data, BSPGHAN will be able to better support and serve UK clinicians that require support and resources to improve their services.

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We are currently finalising the audit tool and the data capture platform. Then early in 2020 we will approach all UK paediatric providers (Trusts/Health Boards) via their medical directors to register audit participation.

The aim is comprehensive coverage to achieve a robust description of the national picture. We are also working on a communication strategy to help with engagement in the audit and ensure maximal benefits from the audit findings. Thus over the coming year we will be providing regular updates on progress, leading up to audit completion, planned for late summer 2020.

**John Fell**

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BSG: Adolescent and Young Person Section (AYP)

Following approval from both BSG and BSPGHAN, the first joint BSG-BSPGHAN study day on Gastrointestinal disorders in Adolescence (with a focus on effective transition of care) ran on 4<sup>th</sup> October 2019 in Sheffield. This study day provided a successful forum for adult and paediatric gastroenterology consultants, trainees and allied health professionals to learn from each other and very good feedback was received. Presentations included current transitional care guidance, evidence base for effective transition in IBD, a young person and parent's view on transition, commissioning perspective, GI/Psychology interface, findings from the NIHR transition research, Eating disorders in adolescents, clinical cases with discussion and Eosinophilic Esophagitis in adolescents. My sincere thanks for the support from both societies and a special mention to Carla for all her efforts in organising this meeting.

The BSG AYP section, plan to run these study days annually with the next proposed day in Liverpool in November 2020 (theme - Ethics and MDT working).

The BSG AYP section will shortly be sending out a joint survey via BSG and BSPGHAN, aimed at trainees and consultants in their first five years of post in paediatric and adult gastroenterology exploring their training and experience in AYP Gastroenterology. This will hopefully help understand and improve the shape of training in the management of adolescents and young people with GI diseases. The link will be live for 4 weeks only so please do complete it when this comes out in the New Year!

Priya Narula  
Chair BSG AYP section

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