



British Society of Paediatric Gastroenterology Hepatology and Nutrition

## **PeGHAN Virtual Study Day**

**7<sup>th</sup> March 2022**

### **Aims and objectives:**

This study day has been organised to share specialist knowledge and information on nutritional and gastroenterology disorders with Paediatricians who have an interest in Gastroenterology, Hepatology and Nutrition. (PeGHANs)

The study day is primarily tailored for PeGHAN Consultants and SPIN Trainees to discussion and networking.

The Aim of the day is to share knowledge on how to manage patients with Gastrointestinal and Liver Problems, close to home. Additionally how to manage patients in accordance with BSPGHAN/RCPCH Standards, reaching out to specialist units as required in a timely fashion.

Time	Speaker	Topic
<b>12.30 – 12.35</b>	Dr Shveta Chana Consultant Paediatrician Milton Keynes Hospital Chair BSPGHAN PeGHAN Group	Welcome
<b>12.35 – 13.20</b>	Dr Nicky Pritchard Paediatric Consultant Royal Berkshire Hospital London Road, Reading	Eating disorders
<b>13.20 – 14.10</b>	Dr Anna Pigott Consultant Paediatric Gastroenterologist City General Hospital University Hospital of North	Functional GI disorders
<b>14.10 – 14.30</b> <b>Break</b>		
<b>14.30 – 15.20</b>	Dr Baneera Shrestha Paediatric Consultant Buckinghamshire Hospitals NHS Trust Stoke Mandeville Hospital	Malnutrition
<b>15.20 – 16.00</b>	Dr Sona Matthai Consultant Paediatrician with an interest in GHAN Sheffield Children's Hospital	Management of Difficult constipation – Department experience
<b>16.00 – 16.20</b>	PeGHAN Professional Group	Highlights
<b>16.20 – 16.30</b>	Dr Shveta Chana	Summary & Close

## Speaker photos and biographies

### **Dr Shveta Chana**

Consultant Paediatrician  
Milton Keynes Hospital  
Chair BSPGHAN PeGHAN Group



I have recently been actively involved with BSPGHAN/RCPCH Audit of Quality Standards – a project that I have been involved in since its beginning in 2016. I feel this journey alongside my Consultant Paediatrician role in the NHS has broadened my insight into how we can shape the services for a better future for the children that we look after.

I am an active member of BSPGHAN, working in Milton Keynes, and have certainly brought in changes in my own work area with the support of various guidelines and Quality Standards from BSPGHAN. Hence, I very well know how powerful as a society we are and can be.

I recognise that PeGHANs are in a unique role and if adequately supported and integrated in a well-defined network can prove to be key in caring closer to home while maintaining standards. This further supports the tertiary centres.

I am a key advocate for working closely with RCPCH&Us group and Climate Change which in my opinion will further impact our ambitions and achievements positively.

### **Dr Sona Matthai**

Consultant Paediatrician with an interest in GHAN  
Sheffield Children's Hospital



I did my initial paediatric training in India and subsequently trained in Sheffield. Currently Consultant since 2016 in Sheffield Childrens and lead the constipation and continence service ( tertiary services) along with Gen paed. Recently have formed an inpatient complex care team to sort patients looked after by multiple specialties and stay longer than 28 days in hospital.

Also have taken up the role of deputy director of undergraduate medical education in paediatrics this month! Busy life!

**Dr Anna Pigott**

Clinical Director for Child Health  
Staffordshire Children's Hospital



Anna Pigott is the Clinical Director for Child Health at Staffordshire Children's Hospital. She has worked there as a Paediatric Gastroenterologist and general paediatrician for 15 years following National Grid Training in Liverpool, Manchester and Leeds. She is a committed member of BSPGHAN has served on many working groups and previously was chair of the PEGHAN group. She is passionate about holistic patient centred care and preventing deaths from button batteries. She has been interviewed by multiple media outlets on the topic of button battery ingestion, including BBC Breakfast.

**Dr Nicola Pritchard**

Consultant Paediatrician  
Royal Berkshire Hospital  
Reading



I am a general and PEGHAN paediatrician at the Royal Berkshire Hospital in Reading. I trained in Stoke on Trent, North Thames and Thames Valley and have been working as a consultant since 2006. My main interest is paediatric nutrition having completed the Intercollegiate course in nutrition as a trainee and now being the lead of neonatal nutrition in the department. I am a member of the trust nutrition committee and work closely with the dietetic team managing coeliac disease, metabolic disease, familial hypercholesterolaemia and supporting the medical health aspects for young people with various different aspects of eating and nutritional issues on the general paediatric ward. As the numbers of young people admitted with mental health related eating issues has escalated, I have entered a steep learning curve working with our local CAMHS team, ward

nurses and dietetic team to develop inpatient care for these young people and working towards a shared pathway between the teams.

**Dr Baneera Shrestha**

Paediatric Consultant

Buckinghamshire Hospitals NHS Trust

Stoke Mandeville Hospital



I am a Paediatric consultant in Buckinghamshire for the last 18 years. Besides being a PeGHAN, I lead the paediatric allergy service and am the named paediatrician for Buckinghamshire Eating Disorder service. My interest in mental health and well-being has greatly helped me understand and manage psychosocial aspects of GI disorders and other Paediatric conditions. In addition, I have a special interest in education and training.