



# PGHAN Trainees Meeting - 19th & 20th October 2023 - Holiday Inn Southampton

### **PROGRAMME**

## Thursday 19th October 2023

09:30	Registration, Exhibition & Networking			
10.00 - 10.20	Welcome and Introduction  Prof Mark Beattie, University Hospital Southampton NHS Foundation Trust  Dr Chris Bakewell, Trainees Committee Chair			
10.20 - 11.00	<b>Evidence based approach to starting and stopping biologics</b> Prof Mark Beattie, Consultant Paediatric Gastroenterologist, University Hospital Southampton NHS Foundation Trust			
11.00 – 11.20	Coffee, Exhibition & Networking			
11.20 - 12.00	Practical genetics in the IBD clinic Dr James Ashton, Clinical Senior Lecturer, University of Southampton			
12:00 – 12:40	Role of Diet in IBD therapy Prof Konstantinos Gerasimidis, Professor of Clinical Nutrition, School of Medicine, University of Glasgow			
12.40 - 13.40	Lunch, Exhibition & Networking			
13.40 - 14.20	<b>Transition from the adult perspective – key things we must get right</b> Dr Trevor Smith, Consultant in Gastroenterology and Intestinal Failure, University Hospital Southampton NHS Foundation Trust			
14.20 - 15.00	<b>Establishing oral feeding in patients on home PN</b> Dr Akshay Batra, Consultant Paediatric Gastroenterologist, University Hospital Southampton NHS Foundation Trust			
15.00 – 15.20	Tea, Exhibition & Networking			
15.20 - 16.00	Feeding tubes: what you need to know! Karen Dick, Paediatric Surgical Nurse specialist, University Hospital Southampton NHS Foundation Trust			
16.00 - 17.00	Rumination syndrome and pH impedance/oesophageal manometry Dr Keith Lindley, Consultant Gastroenterologist, Great Ormond Street Hospital for Children NHS Foundation Trust			
17.00 – 17.45	Satellite Session – Supported by an Unrestricted Education Grant  Long Term Management of Paediatric EOE  Associate Professor Nadeem Afzal, Consultant in Paediatric Gastroenterology  University Hospital Southampton NHS Foundation Trust			

This meeting has been sponsored by the following Companies who have had no input into the meeting content:



19.30



**Trainees Networking Dinner** 









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<b>Friday</b>	20th	Octo	her	2023
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09.00 - 09.20	Welcome and CSAC update  Prof Mark Beattie, University Hospital Southampton NHS Foundation Trust  Dr Lucy Howarth, Oxford University NHS Foundation Trust
09.20 - 10.00	Functional, perplexing, exaggerated, factitious and induced CI Disorders  Dr Lucy Howarth, Consultant Paediatric Gastroenterologist, Oxford University NHS Foundation  Trust
10.00 - 10.40	<b>Eosinophilic CI Disorders: Beyond EoE</b> Dr Jenny Epstein, Consultant Paediatric Gastroenterologist, Chelsea and Westminster Hospital
10.40 - 11:00	Coffee, Exhibition & Networking
11.00 - 11.40	Blended diets for use in children with gastrostomy tubes Dr Jutta Köglmeier, Consultant Paediatric Gastroenterologist, Great Ormond Street Hospital for Children
11.40 – 12.20	How to start a blended diet Helen Wells, Paediatric Specialist Dietitian, Southampton Children's Hospital
12.20 – 13.20	Lunch, Exhibition & Networking Symposium: Getting into grid – application and interview tips for trainees
13.20 - 14.00	GI histology for the PGHAN trainee  Dr Bhumita Vadgama, Paediatric Pathologist, University Hospital Southampton NHS  Foundation Trust
14.00 - 14.40	Diagnosis and management of varices bleeding Dr Tassos Grammatikopoulos, Consultant in Paediatric Hepatology, King's College Hospital NHS Foundation Trust
14.40 - 15.20	Managing the acute decompensation of chronic liver diseases  Dr Mark Wright, Consultant Hepatologist, University of Southampton NHS Foundation Trust
15:20 – 15:40	Tea, Exhibition & Networking
15.40 - 17.00	Endoscopy pearls & training update Associate Professor Nadeem Afzal, Consultant in Paediatric Gastroenterology, University Hospital Southampton NHS Foundation Trust

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Prof Mark Beattie, University Hospital Southampton NHS Foundation Trust



17:00 - 17:15 Close



Dr Chris Bakewell, Trainees Committee Chair



