



better lives for children with crohns and colitis

Family Information Day

Do you have a
child with Crohn's
Disease,
Ulcerative Colitis,
VEOIBD, or IBDU?

Southampton

Saturday 18th April 2026

Join us for this friendly and supportive meeting for families affected by Inflammatory Bowel Disease (IBD)!

- Connect and chat with other families in similar situations
- Share experiences and feel less isolated on your IBD journey
- Gain knowledge from leading IBD professionals
- Listen to talks and participate in discussion groups
- Attend a Q&A session with IBD experts
- Break out groups for young people and entertainment for children

To book, scan the QR code



Or contact the CICRA office:

 familyday@cicra.org

 0208 949 6209

 www.cicra.org