

When reserving a place, we invite you to make a **voluntary donation** to help us cover the costs of the day. As a small charity with no Government funding, we are very grateful for any contributions. A donation can be made by cheque (payable to CICRA) and returned with your form to the office, or online.



“ The talks were informative, but it also really helped talking to other families who have been through similar experiences and sharing information on treatment, side effects, behaviour etc ”

CICRA is the only charity in the UK focused specifically on Crohn's Disease, Ulcerative Colitis and IBDU in children, and is dedicated to developing better treatments, raising awareness and providing support for those affected.

CICRA (Crohn's in Childhood Research Association)
Pat Shaw House, 13-19 Ventnor Road, Sutton, Surrey,
SM2 6AQ
Tel: 020 8949 6209
Website: www.cicra.org
Email: familyday@cicra.org



Family Information Day

SOUTHAMPTON

DoubleTree by Hilton, Southampton
Bracken place, Chilworth, Southampton, SO16 3RB

Saturday April 18th 2026

10am - 4pm
doors open at 9.30

Join us for this informative meeting designed for families with children or young adults diagnosed with Crohn's Disease, Ulcerative Colitis, or IBDU.

REGISTRATION FORM - IBD FAMILY INFORMATION DAY

Southampton - Saturday 18th April 2026

Our family days are very popular and we have a limited number of places available. **Places must be reserved in advance and will not be accepted on the day.**

**TO BOOK YOUR PLACE
ONLINE, SCAN THE QR CODE**



If you prefer, complete the form below and return it to CICRA, Pat Shaw House, 13-19 Ventnor Road, Sutton, Surrey SM2 6AQ or email to familyday@cicra.org

First name: Surname:
 Address:
 Post Code: Email:

People attending CICRA IBD Family Information Day:

Title	First name	Surname	Age if under 21

Details of sufferer of Crohn's Disease or Ulcerative Colitis

First name Surname.....
 Date of Birth Relationship (e.g. son)
 Crohn's Disease Ulcerative Colitis Oral Crohn's IBDU
 Date Diagnosed Hospital/s attended

*Attendees will be registered as CICRA members and be added to our mailing list. You can unsubscribe at any time. Please tick box if you **do not** wish to be added to our database.

Southampton IBD Family Information Day



This special day is dedicated to supporting families with a child or young person affected by Crohn's, Ulcerative Colitis, or IBDU. It offers a relaxed, supportive environment where families can connect with others who truly understand life with IBD and gain insights from paediatric IBD specialists.

What to Expect from the Day

- Connect and chat with other families in similar situations
- Share experiences and feel less isolated on their IBD journey
- Gain knowledge about IBD from leading professionals
- Listen to talks and participate in discussion groups
- Attend a Q&A session with IBD experts
- Lunch and refreshments provided for all attendees

While adults attend informative sessions, children and teenagers can join group activities and discussion groups. Entertainment will be available for younger children.

Please contact familyday@cicra.org with any queries.